

COMPLIMENTARY | MARCH 2022

MAINstreet

MAGAZINE





KINDRED

PROPERTY CARE

THE TRI-STATE AREA'S PREMIERE LANDSCAPE CONTRACTOR

Stone Masonry • Landscape Development
Landscape & Garden Maintenance
Snow & Ice Services • 3D Renderings & Designs



(860) 397 5267 • service@kindredpropertycare.com • www.kindredpropertycare.com

the land of fire and ice

Photographs by Kristján Maack



MAINstreetMAGAZINE'S

photogallery

mainstreetmagphotogallery.com

***Spring is almost here! Let's
plan your upgrades. Beat the
rush and get your project
scheduled this spring!***




CROWN

ENERGY CORP.

SERVICES:

Propane • Heating Oil • Diesel Fuel • Gasoline
Kerosene • Heating Systems • Service
Installations • 24 Hour Service

(518) 789 3014 • (845) 635 2400

3 Century Blvd., Millerton, NY 12546
www.crownenergycorp.com

CELEBRATING NINE YEARS

Welcome to our March issue, which has become our annual "Animal & Farming" issue for the past however many years at this point. I say that lightheartedly because this month we celebrate nine years since Main Street's first issue came out! Can you believe that? We're nine years old already! That went by quickly. Phewww! And what a ride it has been!

In these past nine years we've been so busy learning about- and sharing stories of and with our local communities. Much like the communities that we serve, we too have grown in this time: in actual magazine size (more pages) as well as in our distribution, and then more recently on our website and social media, and just this year to our podcast, Main Street Moxie. I talk about our growth, because all of our platforms are ways that we try to reach you, our audience, to share good, positive stories that we have found such pleasure and joy in. We always try to highlight someone or something within our local community, or stories that can impact our readers and listeners.

Additionally, all of our content is brought to you FREE of charge solely thanks to our advertisers and sponsors, and so as we celebrate our nine year anniversary, it is not just necessary but my pleasure to once again say THANK YOU to every single one of our advertisers and sponsors! I don't have enough room here to name them all, but just flip through these pages, the pages of our website, or listen to podcast and take a look at these incredible businesses that not just offer amazing products and services, but they are part of the amazing fabric of our communities that we should all be so grateful for. So please, please consider supporting our local businesses that are crucial to our lives and communities.

Now, this March issue has a very specific theme and that is basically - in a nutshell - animals, farms and food. So when you flip through the pages you'll immediately notice that theme, starting with the "furrriently faces" that are all animals this month. We tried to have a mixture of stories for you in the issue, so as not to be too heavy on one of the topics over the others, but I personally think it came together quite nicely (consider me biased or not). I had fun putting this issue together, and our writers always enjoy this one too. So I hope by extension that you too, dear reader, find something of interest in this issue, learn something new, or just go "Huh! That's interesting!"

And if you'd like, shoot us some birthday love on social media - we'd love to hear from you!

- Thorunn Kristjansdottir



MARCH 2022

Just keep swimming...

Cover photo by
 Olivia Valentine

The Animal & farming issue

CONTENTS

- | | |
|---|--|
| 6 INNER VISION, OUTWARD EXPRESSION
artist profile | 31 OBLONG BOOKS HAS ALL OF THE
animal and farm-related books for
your enjoyment |
| 9 FRIENDLY FACES | 33 THE PEREGRINE |
| 11 BIRD MAN
entrepreneur feature | 37 MEET PATRICIA POWERS, ARTIST |
| 15 DEEP DISH CHOCOLATE PEANUT
BUTTER COOKIES
baking | 41 THE SIMPLE JOYS
robert arbor amd jos farm-to-table
approach at le gamin |
| 17 REAL ESTATE HAS GONE TO THE DOGS
real estate | 45 BUSINESS SNAPSHOTS
red horse rescue
falls village feed & gift store
pampered pooch grooming,
salon, pooch hq
off the wall design |
| 19 ORGANIC FARMING IN HUDSON | 46 MONTHLY ADVICE COLUMNS |
| 23 LOOKING FOR A FURR-EVER HOME
dutchess county spca's top 4 pets in
need of a home | |
| 25 FUTURE FARMERS OF AMERICA | |

PUBLISHER, EDITOR, ADVERTISING, WRITING, PHOTOGRAPHY, & OTHER DUTIES

Thorunn Kristjansdottir publisher, editor-in-chief, designer, etc.

Contributing writers:

Betsy Maury | CB Wismar | Christine Bates | Lindsey Clark | Dominique De Vito | Griffin Cooper | Ian Strever | John Torsiello | Mary B. O'Neill | Olivia Valentine & Caroline Markonic | Regina Molaro
 Assistant proof-reader: **Pom Shillingford**. Photographers: **Lazlo Gyorsok & Olivia Valentine**.

ADVERTISING

Ashley Kristjansson & Griffin Cooper call 518 592 1135 or email info@mainstreetmag.com

CONTACT

Office 52 Main Street, Millerton, NY 12546 • **Mailing address** PO Box 165, Ancramdale, NY 12503
Phone 518 592 1135 • **Email** info@mainstreetmag.com • **Website** www.mainstreetmag.com

PRINT, LEGAL, ACCOUNTING, & INSURANCE

Printed by **Snyder Printer, Inc.** • Legally represented by **Downey, Haab & Murphy PLLC**
 Accounting services by **UHY LLP, Certified Public Accountants** • Insured by **Kneller Insurance Agency**

Main Street Magazine is a monthly publication, coming out on or around the 1st of the month. It is published by Main Street Magazine, LLC. Main Street Magazine is not responsible for advertising errors whereas all ads receive final approval by the advertiser. Advertisers are legally responsible for the content and claims that are made in their ads. Main Street Magazine reserves the right to refuse advertising for any reason. The entire contents of Main Street Magazine are copyrighted and may not be reproduced without permission. All rights reserved. The views expressed in the articles herein reflect the author(s) opinions and are not necessarily the views of the publisher/editor.

A WINTERFUL WONDERLAND

CONNECTICUT • NEW YORK • MASSACHUSETTS

PHOTO BY ANNE DAY

WWW.HARNEYREALESTATE.COM



A PROMINENT SALISBURY OASIS
 3,732 sq/ft | 28 acres | 3 bed | 4 bath
 EH# 4763 | LAKEVILLE, CT | \$4,995,000



NEW ENGLAND MODERN WITH POOL
 3,700 sq/ft | 9.2 acres | 5 bed | 4/1 bath
 EH# 4814 | SALISBURY, CT | \$2,245,000



SPACIOUS RANCH WITH VIEWS
 2,772 sq/ft | 18.6 acres | 4 bed | 3/1 bath
 EH# 4780 | AMENIA, NY | \$725,000



GREAT STARTER HOME
 1,720 sq/ft | .6 acres | 3 bed | 1/.25 bath
 EH# 4790 | AMENIA, NY | \$289,000

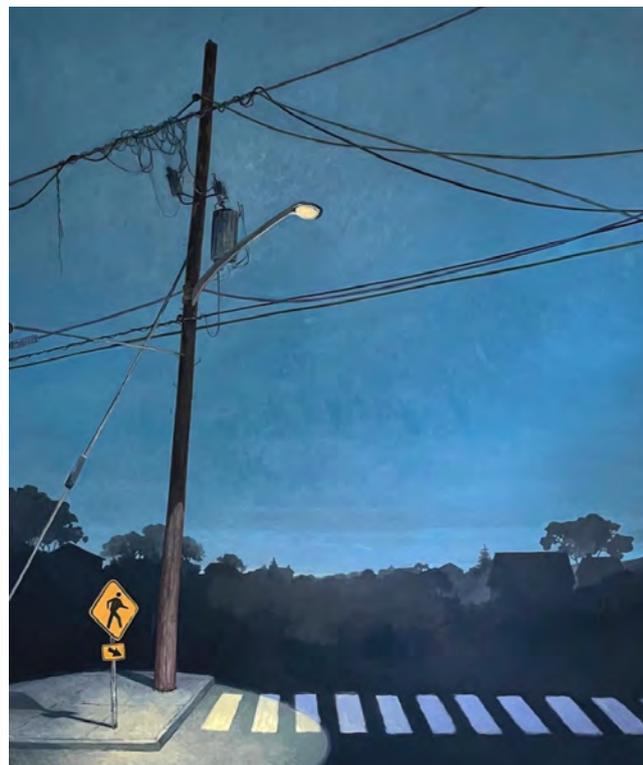


AMBASSADORS TO THE TRI-STATE REGION FOR OVER 33 YEARS

ELYSE HARNEY REAL ESTATE

SALISBURY, CONNECTICUT | 860.435.2200

MILLERTON, NEW YORK | 518.789.8800



INNER VISION, OUTWARD EXPRESSION

KK KOZIK

By CB Wismar
info@mainstreetmag.com

“To the artist, from Santa.” KK Kozik has fond memories of a childhood punctuated by that Christmas morning when none other than venerable Saint Nick validated the sensitivity she had to form, color, and things beautiful. She had been recognized as an artist. The package contained supplies that have informed her remarkable career.

Born to parents who were both academics, KK Kozik (she’s always been called by her initials) grew up in Chester County, PA – Andrew Wyeth country with its sweeping landscapes. By the time she was in fifth grade, an interview for the *Philadelphia Inquirer* allowed her to establish architecture as a career goal, so when it came time for college, she enrolled at the University of Virginia, only to take an art class and have her direction become more narrowly defined.

Art. Art history. Working in the studio. Diving deep into the movements and influences that challenged and encouraged her, KK became enthralled with 19th-century painters – those who blended realism with impressionism and post-impressionism. In Degas she found rhythm and the unusual application of color. In the American landscape painters, Winslow Homer, Grant Wood, and Fairfield Porter she celebrated the fact that “modernism” had emerged.

Armed with a graduate degree from Syracuse University, it was time for KK Kozik to experience New York and its magnetic force on American art. There was but one problem. KK was not part of the “in crowd” that populated the ateliers and studios in “the City.” As inventive as she is creative, KK took matters into her own hands and realized that, temporarily shut out of the inside tracks of known galleries, she had to find her own “road less traveled.”

“I didn’t have the connections,” she recalls. “In order to get my work seen, I explored showings in alternative spaces.” These “pop-up galleries” were the rungs on the ladder that KK used to achieve awareness, recognition and, eventually, a following. “I spent 20 years moving toward acceptance and inclusion in New York galleries,” she recalls with an undercurrent of the tenacity that has moved her from unwrapping Santa’s gift under the Christmas tree to being collected, represented and recognized across the country.

The broader audience of public art

As her art evolved, KK Kozik found opportunities to make public, lasting impressions with her work. Light boxes of laminated stained glass bringing character and whimsy to New York’s Rockaway Beach subway station commissioned by the MTA’s Art for Transit program and a four floor mural in a circular stairway in the Amelio

Cirio Library at Fitchburg (MA) State University are two enduring examples of her imaginative use of color and form to entertain and delight.

When KK is presented in solo shows at noted galleries, the commentary and reviews paint a portrait of the artist that both applauds the complexity of her work and informs the reader as to the importance of what they are experiencing. In a review published in *ARTFORUM*, critic Barry Schwabsky commented "...that her works stem from a mental image rather than a pictorial concept does not prevent them from finding their fulfillment in painting." The images on linen or exotic, handmade papers reflect fantasies and recollections from KK Kozik's mind, allowing those impressions to become painted reality.

It was Edward Hopper, the noted American realist painter, who commented, "Great art is the outward expression of an inner life of the artist, and this inner life will result in a personal vision of the world." Welcome to the personal vision of KK Kozik's world.

Time and place

On view at the Warren Family Gallery at Berkshire School in Sheffield, MA, until March 5 is a collection of 14 of KK Kozik's paintings presented under the banner of *Time and Place*. With pandemic cautions in place, access to the gallery is best made by calling (413) 229-1265 ... but the call and the journey are well worth the minimal inconvenience. The landscapes created by KK are reflective of her continued artistic evolution. "I'm always pushing things in my paintings," she reflects. "I want to discover things we haven't seen before ... to explore the dynamic between being the artist I am and accepting the challenge to change. I'm not happy doing the same old thing."

That dedication to constantly stretching and growing has garnered attention to KK Kozik's work throughout her career. Her paintings have been reviewed in such notable publications as *Art in America*, *Art-*

News, *The New Yorker*, and *The New York Times*.

Artist as athlete as writer

Throughout her life, KK Kozik has paralleled her prolific art career with a passion and dedication for sports. An avid skier, she's been the president of the Northwest United Soccer Club, is a USSA certified race coach, and competed in the Ultimate Disc Co-Ed National Championships. The passion for sport runs in the family as her son is currently enrolled in a ski racing program in Vermont, even though his stated life goal is to work in biomedical engineering.

KK has served as assistant coach for the Berkshire School Ski Team and been a coach/instructor at Butternut Ski Area in Great Barrington, MA.

With her formal training in art history as well as studio art, KK has contributed articles to several publications, including *COCOA*, *Brooklyn Rail*, and this very publication – *Main Street Magazine*. With a profound interest in music, she's been able to engage with and profile bands and solo performers.

Her wide experience and intellectual engagement have also led KK Kozik into the classroom at Penn State University, Hofstra University, and University of Connecticut.

Bringing it all back home

KK Kozik and her family moved to Sharon, CT, some years ago and discovered on their property an old ice house – a small building used for generations to keep ice available throughout warmer months. Often these small buildings end up a collector for garden tools and abandoned boxes of post-move curios that didn't find a place in the main house. For KK Kozik, the space became a challenge ... and an opportunity. "It's 12 by 12 and lends itself perfectly to being a project space – a building that houses work that can only be done there ... work that is conceptual and transient." And with that revelation, ICEHOUSE Project Space became a reality.

"Artists, especially regional artists don't have a huge art-going public to support them," she establishes as the premise for the project. "We want



these artists to have a space they can inhabit with their work and, then, invite people to come for the experience." To date, ten projects have been hosted on KK Kozik's Upper Main street property, ranging from Dan Devine's *Inside Out NASCAR* which featured a fully deconstructed, drivable NASCAR racer reconstructed into a piece of sculpture to *Fire and Ice* by Stephen Maine in which the artist created a huge mural covering the internal walls for the ice house and culminated in cutting up the mural into manageable paintings which were sold.

"The beauty of this unique space and the wildly divergent projects is that we're getting some interesting press coverage for the artists and their work. I'm not an art dealer, merely an artist with the space and energy to support these wide ranging talents."

Wide ranging talent. That sums up the life and work of KK Kozik. •

"Time and Place" is on display at The Warren Family Gallery at The Berkshire School until March 5. Call (413) 229-1265 to set a viewing appointment. KK Kozik's work can be further explored on her website, k2kozik.com

Are you an artist and interested in being featured in Main Street Magazine? Send a brief bio, artist's statement, and a link to your work through the arts form on our "arts" page on our website.



Above, top to bottom: *Three Bears*, 2019. Oil on linen. KK Kozik. Photo Jonathan Doster. Opposite page, L-R: *Call and Respond*, 2022. Oil on linen. *Crosswalk*, 2021. Oil on linen.



We have tables outside for dining
and for your enjoyment!



518-592-1313 • oakhurst-diner.com
Like us on Facebook and Instagram
@oakhurstdiner
Open 8am-8pm Thurs-Mon

Hylton Hundt

518.789.9390
Route 44 East | Millerton
hyltonhundtsalon.com

We treat the entire family: small children, teenagers, adults,
and older patients. Our goals are simple - to make everyone smile.

RHINEBECK DENTAL CARE

Offering a full range of dental services including:
periodic dental exams • cleaning & whitening
bridges & crowns • dental implants & veneers

244 Route 308 • Rhinebeck, NY 12572
RhinebeckDentalCare.com • 845.876.2511

— SHARON — AUTO BODY

Jim Young
OWNER

jim@sharonautobody.com

28 Amenia Road | PO Box 686 | Sharon, CT 06069
T: 860 364 0128 | F: 860 364 0041

sharonautobody.com

E-Bike Sales Rentals & Tours

Only 20 minutes from Millerton



We carry Yamaha, Gazelle, Magnum, Bulls,
Urban Arrow, Yuba, and more

421 Sharon Goshen Tpke, West Cornwall, CT
860.248.3010 | www.coveredbridgebike.com



AA + D ALLEE ARCHITECTURE + DESIGN

alleedesign.com | 860.435.0640 | Millerton, NY | Lakeville, CT | Martha's Vineyard, MA



friendly faces: meet our pets, fur-babies and furriends



Chase Howard is a 16-month-old pup who is originally from Italy and now lives happily with his parents Andrew Lauren Howard in Ancramdale, NY. Chase is a Cane Corso, otherwise known as an Italian Mastiff hence his European origins. In the past Cane Corsos were used for hunting large game, and also to herd cattle. Chase is a protection breed of dog, which means he is protective, loyal, and very alert. Chase and his fellow protection breeds make great companions and guard dogs. He is also very loving and loyal to his family and warms the hearts of everyone that he meets. When he's not busy with his security detail, Chase enjoys playing tug of war with his older brother Mason.



Ace is a gelding horse who lives at Locust Hill Farm in Ghent, NY, and will be celebrating his Sweet 16th birthday this April. Owners Brooke and Scott Decker are his mom and dad, but he is also taken care of by his grandparents Sue and Kirk Kneller. Ace was purchased after his former owner decided that he had too much woah and not enough go for the barrel racing circuit. Now he has given up his Western roots and is learning how to be an English hunter/jumper. Ace is a registered Quarter Horse and his favorite thing to do is give his humans hugs. He wraps his neck around his favorite people to show his love for them. "It is the sweetest feeling in the world to be hugged by a horse," says Brooke.



Meg Thomas and her husband Justin have 24 chickens and enjoy giving each one eggs-tra special names like Amelia Egghart, Reese Featherspoon and our featured chicken, **Hennifer Lopez**. Hennifer grew up on Wild Apple Hill Farm in Hudson, NY, and is a Black Sex Link chicken. Black Sex Link chickens can be somewhat of a rare breed as Hennifer is a beautiful black chicken with a blue green shine to her feathers. Hennifer loves receiving table scraps. Her favorites are strawberries and lettuce. Last year, Justin unknowingly saved the chickens from a mink invader. He went in to feed them and found the creepy, beady-eyed predator staring down at him from the rafters of the coop. Luckily, Justin's terrifying glare was enough of a message and the mink left without harming any of the chickens.



Mischief, is a Fish Crow and lives at the Sharon Audubon Center because he is "imprinted" on people, meaning he doesn't know that he is a bird. He fell from his nest as a chick and was taken home by someone who tried to keep him as a pet. Because of this, Mischief associates with people, rather than other birds and so the Audubon Center has special permits to keep Mischief as an education resident, to teach people about the important roles of crows in the environment and why it is important to keep wildlife wild. Each week, Mischief works on various activities and vocal sessions with Marguerite Nicastro. Some of the sounds he mimics include saying "hello," "uh oh," and is currently working on mastering a new phrase to greet visitors. Mischief also identifies colors and can solve puzzles. He is definitely a very special bird.



Logar is seven years old and makes his home with owners Meagen Skelley and Shawn Moore. Today, he and his family live in Craryville, NY, after originally hailing from Cape Cod, MA. He is a Bengal cat and he got his name from his previous owner who was stationed in Logar province Afghanistan with the National Guard in 2014. Logar turned seven in September and enjoys playing fetch (though he did more so with his first owner). Logar is a people cat, so he likes to lay on laps. He has a playful side as well; Logar likes to tussle with his pup sibling and pounce on his tail and even on his back. Logar walks on a leash and loves to lay in the sun in the window.



Tenth Generation Peanut Brittle – Peanut for short – is a four-year-old Nigerian Dwarf, also known as a Miniature Milking Goat. Miniature Milking Goats are classified by many as a "mini milker," and are said to have the best quality milk of all the dairy goats. Peanut was born on her owner Tracy Zabel's farm, Hillside Hens in Claverack, NY. Peanut was born during incredible circumstances as it was in the middle of a major snow storm when the farm had no power. Tracey says Peanut is a big sweetheart and loves attention. Peanut recognizes her own name when she runs from the field when called by her owners. Her favorite thing is to eat leaves from the trees and loves to roam the farm looking for new ones to nibble on.

The Hair Lounge

A color and hair design studio

Loren Whiteley • Tarah Kennedy • Amy Carol
 Kelly Kilmer • Joe Musso • Hailey Cookingham

143 Route 44 • Millerton, NY • (518) 592 • 1167

MAKE AN APPOINTMENT TO VISIT THE FARM / BOOK AN EQUINE THERAPY SESSION.

Site: redhorsescue.org
 Email: redhorsescue1@gmail.com

RED HORSE RESCUE



Michael D. Lynch*

ATTORNEY AT LAW

106 Upper Main Street • PO Box 1776 • Sharon, Connecticut 06069
 (860) 364-5505 • MLynch@MichaelLynchLaw.com
www.MichaelLynchLaw.com

* Also admitted in New York State

DINNER PARTIES
 ON-SITE MEAL SERVICE
 HORS D'OEUVRE PARTIES




GINA TRIVELLI
 private chef

845.233.8513
wholefoodschef1@gmail.com



Do you know the top 5 things that set us apart?



Bank of Greene County
Community Banking at its Best

www.tbogc.com • 518.943.2600 • Stop by or call any branch today!

Let us be your banking hero!

- Local decision-making
- Friendly, experienced bankers
- Unique products
- Commitment to the community
- Convenient locations





Bird Man

THOMAS JV CULLEN IV OF
TC MANAGEMENT AND FALCON
EXCURSIONS, GOSHEN, NY

By Christine Bates
info@mainstreetmag.com

You and your father are nationally known as falconry experts. How do you describe your unusual business?

Simply put, our business is birds of prey. Our activities center around breeding falcons, owls, hawks, and eagles primarily for zoos and educators; wild bird control using birds of prey; and, through Falconry Excursions, introducing people to these wild birds – both here in Goshen and at special events. We hold five federal and nine state permits to operate legally.

The business has grown organically and began as a hobby for my parents, both of whom are experienced falconers. The actual business started when they were asked to participate in a bird abatement pilot at JFK Airport in 1996 which generated a lot of publicity. For two years, 12 falcons and four hawks harassed and scared seagulls from the runways just as effectively as netting and shooting, although at a higher cost. From that our wild bird control business grew gradually into abatement programs for stadiums, power plants, landfills, resorts, wind farms, and, especially, blueberry fields and vineyards.

I do a lot of consulting with clients in the process of selling our services. The difficulty is that falconers and birds have to be on the site every day, day after day. The undesirable birds return when the hawks are no

longer scaring them away. Usually, we get called in after other traditional approaches have failed or special situations like Manhattan's Bryant Park where less expensive solutions are unpalatable.

What birds of prey do you fly?

It all depends on what's needed. We used Harris hawks to get rid of the pigeons that accidentally found their way into Grand Central Station. They were making a mess of the Apple store. Harris hawks hunt in packs and we released three at a time. The birds were trained to bring the pigeons straight to the floor and then we rushed over and took them away for relocation while they were alive.

When did you start Falcon Excursions?

Along with my father's wild bird control activities, our bird experience activities also started to grow. Prior to Covid, pest control and our excursion business here in Goshen were equal in size, but with Covid there were fewer people leaving food scraps around for birds to eat. Businesses tightened budgets eliminating wild bird control programs – the first thing to be cut from the budget although now we are seeing clients returning. BUT our bird entertainment education business held outside is very strong. Typically, we do three or four shows a day and they are sold out, with weekends booked a month in advance. We're only a mile from Legoland which is great for us.

Breeding of birds is a less important segment of our business, as both the success of a breeding season and the demand for birds are very unpredictable. We are licensed to breed any kind of bird, except for bald eagles and golden eagles, and we cross breed to create the most bad ass hunter possible by mating a Gyrfalcon from the Arctic with a Peregrine Falcon.



Above: Tom Cullen presents his Verreaux Eagle, Vader, one of his hunting birds of prey. Below, left: An Eastern Screech Owl is one of Falcon Excursions' native birds. Photos courtesy of Falcon Excursions.

What about special events and gigs?

We love to go to weddings. Sometimes we're just there for photo ops during cocktails, but we also walk around with the birds and engage wedding guests – it's a great icebreaker that brings families together. We even offer a bird flying a wedding ring in for the marriage ceremony. We also get paid to do demonstrations at schools, fairs, and camps. A couple of weeks ago we took birds to Troutbeck in Amenia, NY, for a member-only event.

Our birds have appeared in many fashion shoots, and animal casting companies contact us for TV and movies. Our owl was on the TV show *The Blacklist* where it was saved from being eaten. Movie tax credits have brought lots of filming up here, which is much better than traveling to New York City.

Continued on next page ...



**How many birds do you have?
How long do they live?**

Right now we have about 130, many of which will be sold this spring. Year round we work with about 20 highly-trained birds for both abatement and shows.

Do birds have personalities?

Some birds love to perform in front of an audience and, typically, they are not the best at hunting. Owls, unlike hawks, hunt by ambush and, as a result, they tend to be more laid back and patient than hawks which are high strung. Birds really don't bond with humans except as a source of food. They all have names, but they just respond to food.

How do you become a falconer?

It's not easy or fast. Anyone interested in becoming a falconer must first pass a 100-question test given by the New York State Department of Environmental Conservation. The test is given only twice a year and a passing grade is 80% or over. The state provides a study booklet, and the test covers everything from bird identification, avian health, and equipment to regulations. Next you have to become an apprentice for two years with a licensed sponsor who will show you how to capture a falcon, care for the bird and hunt. It's important to find

someone nearby in case you need help quickly.

There are about 250 to 300 licensed falconers in New York State, and less than 200 are active. Many of them are found in the vicinity of universities with ornithology programs like Cornell in Ithaca or SUNY New Paltz. Our family has probably sponsored 50 falconers over the years. Sponsors do not charge apprentices a fee.

Falconry was the sport of kings for much of its 8,000-year-old history. Only kings could afford the expense of caring for the birds and their many closely guarded secrets. Today interest in the sport has exploded with the internet, especially YouTube, Instagram, and movies like *My Side of the Mountain*.

Where do you get your falcon?

The bird, a Red-tailed hawk or an American kestrel, must come from the wild and is free. When it's time, usually in the early fall, your sponsor will show you the proper methods to safely capture a healthy raptor. Hunting with birds of prey is only allowed between October and March and each spring the bird you caught in the fall is released back into the wild.

What else is required?

An aviary, also called a chamber or



Above: A guest at a show at Troutbeck gets to hold a Eurasian Eagle Owl. Photo by Alex Kania. Below, left: An Arctic Gyrfalcon in flight with leather jesses used for tethering dangling from his legs. Photo courtesy of Falcon Excursions.

mews, needs to be ready for the bird. You can buy a pre-made one for \$3,000 to \$5,000 or, if you're handy, build one with about \$300 worth of materials. You'll also need a leather falconer's glove – it goes on your left hand. These can cost as much as \$700 or as little as \$25 on Amazon.

How many times a day do you feed the birds? What do they eat?

They eat once a day unless it's breeding season when they can eat two or three times a day to stimulate interaction with birds of the opposite sex. Their diet consists of chicken, rodents, and full-grown quail.

How do you learn how to hunt with a hawk?

The hawk teaches you how to hunt and will capture mice, squirrels, and rabbits. The trick is to make the bird come back to you. In our family's history with these birds only one didn't return to us, although they have been misplaced occasionally.

Misplaced?

Birds have incredibly fast metabolism and return because the falconer has food. Sometimes the bird will find food and the falconer has to wait while the bird digests and gets hungry. You just have to wait.

What about your own background?

Because of my parents I started handling birds once I could walk. When I was just nine years old, I got a 92% score on the New York State Falconer's exam – the youngest person ever. I studied zoology at SUNY Oswego and later worked with Dr. Heinz Meng, the first person to successfully breed Peregrine Falcons in captivity, and Dr. William Robinson, who is renowned for trapping and the tagging of raptor species. After college I joined my father in this family business.

What are your plans for the business?

My goal is to eventually build a center of prey modelled after English centers where visitors can come seven days a week, learn about birds, and watch educational performances. ●

To learn more about TC Management and Falcon Excursions, visit them online at www.falconryexcursions.com.



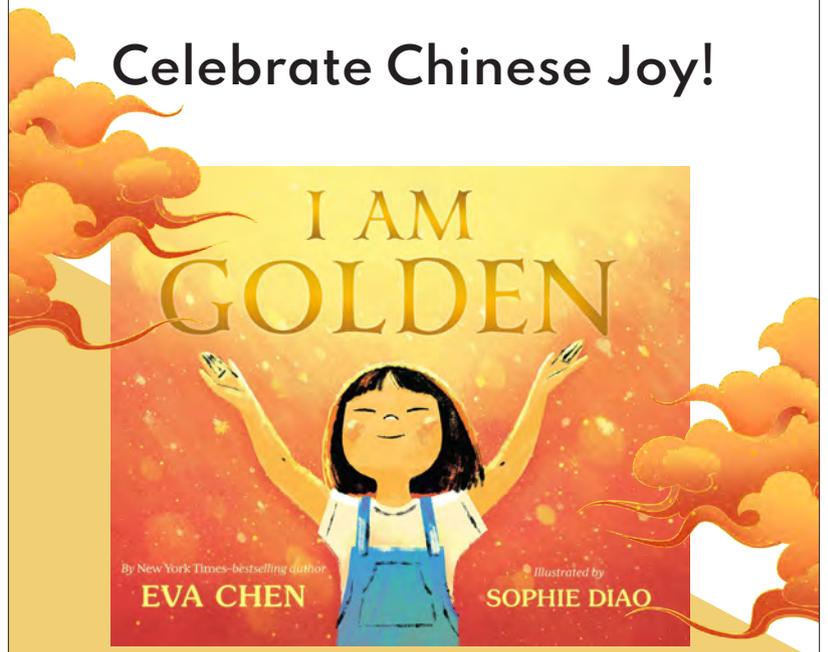
FRAME A MOMENT TO LAST A LIFETIME



518.789.3428
www.gmframing.com
17 John Street • Millerton, NY

GILDED MOON FRAMING

Celebrate Chinese Joy!



New York Times bestseller & local author Eva Chen teams up with illustrator Sophie Diao in this gorgeous picture book for ages 4-6.

OBLONG BOOKS

Millerton & Rhinebeck
OBLONGBOOKS.COM



THE GREAT COUNTRY MUTT SHOW



SUNDAY, JUNE 5
11am - 2pm

LIME ROCK PARK | LAKEVILLE, CT

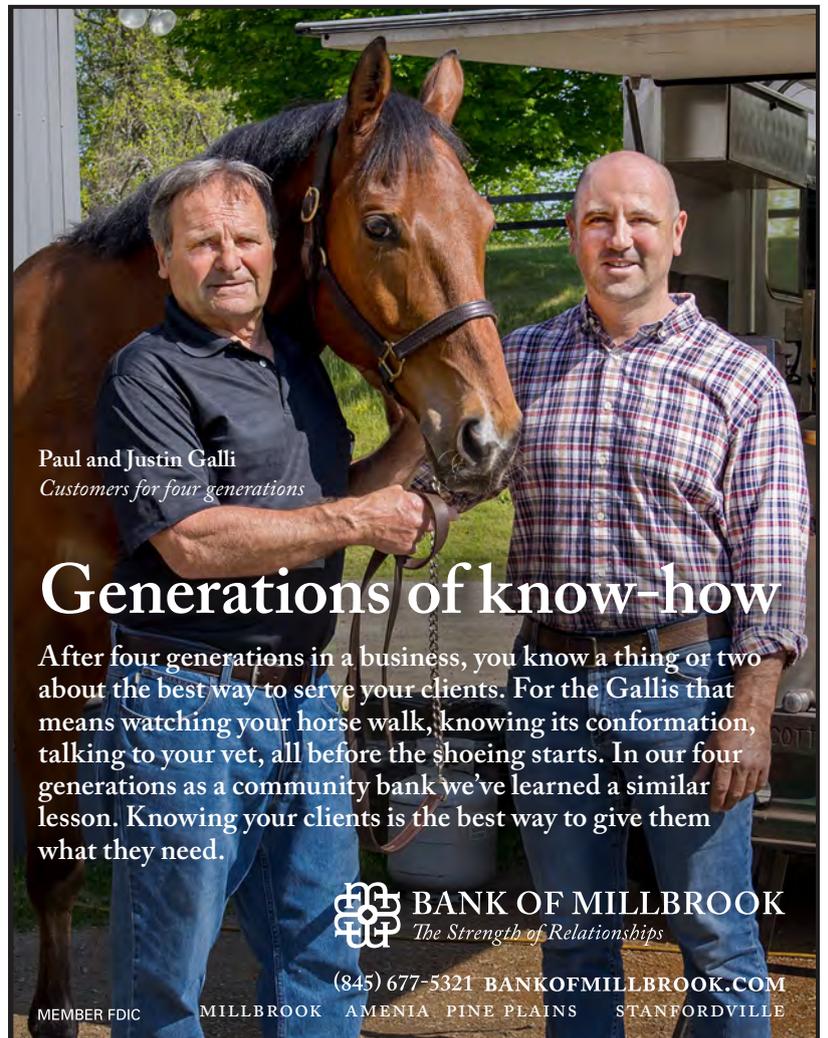
ALL DOGS WELCOME!

A celebration of dogs of all breeds and creeds!

From "Largest Lap Dog Over 40 Lbs" to "Looks Most Like Their Owner", there's a category for every dog to compete!

**FREE & OPEN TO THE PUBLIC • RAIN OR SHINE
LIVE MUSIC & FOOD • SILENT AUCTION**

Learn more at www.littleguild.org



Paul and Justin Galli
Customers for four generations

Generations of know-how

After four generations in a business, you know a thing or two about the best way to serve your clients. For the Gallis that means watching your horse walk, knowing its conformation, talking to your vet, all before the shoeing starts. In our four generations as a community bank we've learned a similar lesson. Knowing your clients is the best way to give them what they need.

BANK OF MILLBROOK
The Strength of Relationships

(845) 677-5321 BANKOFMILLBROOK.COM

MEMBER FDIC MILLBROOK AMENIA PINE PLAINS STANFORDVILLE

HILLSDALE FINE WINE



SPIRITS

Cheers! Stop by and get what you need for St. Patrick's Day

Offering a wide variety of wines and spirits from around the globe in varying sizes • A full wall of sparkling wines and champagne • Many local wines and spirits • Miscellaneous chilled whites, roses and bubbly • Our everyday 3/\$20 sale section where you can mix & match 3 wines for \$20 • Tons of Rose – Rose all Day! • Check out our Facebook page for specials and updates

Hours: Sunday 12 to 5pm • Monday 12 to 6 Tuesday through Thursday 10 to 6pm • Friday and Saturday 10-6pm
Curbside pick-up available!

518.325.4010

8 Anthony Street in Hillsdale, NY, behind the IGA Supermarket



You're in luck!

Stop by the Hillsdale IGA and take advantage of our St. Patrick's day deals on corn beef, cabbage, and more!!

We offer both delivery and curbside pick up!

Hours:
Sunday – Thursday 7am – 6pm
Friday 7am – 7pm
Saturday 7am – 6pm



2628 Route 23, Hillsdale, NY • 518-325-4341
hillsdalesupermarket@gmail.com

DEEP DISH

Chocolate peanut butter cookies

Deep dish chocolate peanut butter cookies – for two!

We know Valentine's Day has come and gone, but here we are with a dessert for two! How many nights are you snuggled into the couch, having finished dinner and dishes but you're left wishing you had something sweet? You don't feel like making an entire batch of cookies or cake and the mess that comes along with it. This dessert satisfies your sweet tooth without the dishes or the leftovers to sneak for breakfast the following day. All you need is a small bowl and two ramekins. Minimal cleanup, big reward.

These cookies come together in just minutes and can be baked in a convection toaster oven. Warm and straight out of the oven, these cookies have a crispy outside and a soft gooey center that is just to die for. Though it is not a large dessert, it is rich and chocolatey and satisfies that sweet tooth craving. Enjoy them with ice cream, whipped cream, chocolate, or caramel sauce. If you're up for it, all the above!

Ingredients

3 tbs unsalted butter, melted
 1/3 cup of light or dark brown sugar
 1 egg yolk
 1/2 tsp vanilla
 1/4 cup + 2 tbs all-purpose flour
 (can substitute GF flour)
 Pinch of salt
 1/8 tsp baking soda
 1/4 cup chocolate and peanut butter chips
 Sprinkling of sea salt (optional)
 Ice cream of your choice

Directions

Preheat oven to 325 degrees.

Melt 3 tbs of butter and then combine with the brown sugar. Add the egg and the vanilla, mix until smooth.



In a separate bowl combine the flour, salt, baking soda and give a quick stir. Combine the flour mixture with the butter brown sugar mixture and stir until smooth. Stir in chocolate and peanut butter chips. Divide between two 8-ounce ramekins and sprinkle with sea salt (optional).

Bake for 18-20 minutes. We take ours out right at 18 minutes as we prefer and underbaked, ooey gooey center!

Serve warm with topping of your choice. ●

Olivia and Caroline are enthusiastic foodies and bakers who are constantly in the kitchen, as well as explorers who create their own adventures in our area – and did we mention they are mother and daughter? Follow Olivia on Instagram to see her many creations at @oliviauvalentine.

WES
845-605-1099
AUTOBODY

- 24 Hour Towing
- Aluminum and Steel Welding
- Insurance Claims
- Complete Auto Body Repair
- 4x4 Truck Accessories
- Environmentally Friendly

3718 Route 44, Millbrook, NY 12545 www.WesAutobodyWorks.com

ROARING OAKS
FLORIST
Unique designs created with personal attention.

(860) 364-5380
349A Main St., Lakeville, CT
www.roaringoaksflorist.com

DAVALA REAL ESTATE

“Let us help you make your next move.”

HEATHER DAVALA, Associate Broker • 518-605-6380 (c)
MELODY GARDNER, Real Estate Salesperson • 518-929-8044 (c)
BRITTANY GILLIS, Real Estate Salesperson • 518-653-6530 (c)
KAREN DAVALA, Real Estate Broker • 518-755-2385 (o)
TARSHA GORDON, Licensed Salesperson • 518-577-3775 (c)

WWW.DAVALAREALESTATE.COM • 119 MAIN STREET, PHILMONT, NY 12565

HUSKY MEADOWS FARM

Certified Organic Produce
Prepared Foods
CSA
Culinary Farm Stays

NORFOLK, CT HUSKYMADOWSFARM.COM

RONSANI BROTHERS PAVING

- Residential & Commercial Paving
- Specializing in Home Driveways, Private Roadways, Parking Lots
- Stone, as well as Oil & Stone finishes
- Fully insured

(518) 429-1797
ronsanibrotherspaving.com

SIENNA SKY

PET CREMATION SERVICES

DIGNITY • COMPASSION • ASSURANCE

- Private and Group Cremation Available
- Witnessed and Customized Services Welcome
- Memorial Urns & Keepsakes

(518) 816-2092
65 Downing Road • Ghent, NY 12075
info@siennaskypetaftercare.com
siennaskypetaftercare.com

Real estate has gone to the dogs

By Griffin Cooper
griffin@mainstreetmag.com

The real estate market isn't the only home-related business that is currently exploding. With the pet industry nearing 50 billion dollars, homeowners are always looking for a way to make their pets more comfortable. For their part, dog owners are willing to go the extra mile to protect man's best friend from the backyard's outdoor elements. As a result, the market for expertly-crafted dog houses continues to increase with each passing year and in rural areas demand is on the rise. For the building-inclined, dog houses might be the perfect way to fill a niche while turning a small profit.

Steps to consider

While it may seem like a business with a relatively easy point of entry, there are still a few steps one should follow if they decide to become a dog-house entrepreneur. Before you even begin to sell your K-9 abodes, you must first obtain the proper license by checking in with your county's business division. Building permits shouldn't apply to structures like dog houses, however it always helps to double-check for any local ordinances or size requirements. Like many business ventures, it is important to do some market research and assess the competition in the area. According to an article from *Biz Fluent* you should, "Assess the competition by researching the dog-house market in your area as if you were a customer interested in buying a dog house. Identify what is available, in what price range, with what special features. Make note of what segment of the dog-house market has not yet been adequately addressed in your area."

After you've completed the appropriate research and identified the most profitable sectors in your area, design a few plans for different types of potential dog houses. It may help to even consult with a local veterinarian to ensure the plans you've created are in fact safe for dogs. Much in the way those who build prefabricated

homes or tiny houses show off their work at shows or events, it may be beneficial to take a few sample dog houses to local conventions in order to show potential customers the quality or unique craftsmanship of your product. Our area is lucky to be home to several community-oriented animal shelters including the Dutchess County SPCA and the Little Guild in Connecticut. For the potential doggy home architect, it might do wonders for brand recognition to donate a few homes to these local shelters. Dog houses are doing inherently humane work for our beloved pets, so getting involved in the local community might be a great way to reinforce the sheltering service you are providing.

Growing your business

One of the attractive aspects of getting into the dog house real estate market is that it might be a profitable venture that you can take on part time. However, that doesn't mean there aren't other ways to expand your business. Dog homes are not the only construction being done in the pet supply industry. In addition to the homes themselves, consider adding accessory products to enhance your dog house business, such as dog-proof yard fencing, dog beds, attached feed, and even water bowls. Offering a delivery could be profitable if the costs are manageable. If the majority of your customers are local, consider implementing an installation service for those located within a reasonable distance. Track demand and manage inventory carefully so that you will be able to provide quick turn around on orders.

While adding more service options for customers can absolutely grow your business, keep in mind that generally the gross margins for your dog house business are typically around 65%, which can make it more challenging to incur new expenses and maintain profitability. Naturally, depending upon how much time

you are able to dedicate to your new construction business, this will affect the stability of your income. Dog houses are fairly simple projects and can usually be completed by someone with just basic building skills. They'll take anywhere from half a day to a few days to complete and can easily be done for under \$100. Conversely, a professionally-built dog house costs \$310 on average. Costs could run as low as \$70 for a simpler installation or hiring a handyman to assemble a prefab kit. On the higher end of the price spectrum, you could pay up to \$8,340 or more for a high-end, custom model or "dog mansion."

Doggy rentals

Pet homes have become such a part of the homeownership lifestyle, that short-term rental company Vrbo says it has seen a 40% increase in demand for pet-friendly vacation homes on its platform. Recently, the company has even launched vacation homes designed specifically for dogs. According to *Realtor Magazine*, "Vrbo commissioned five limited-edition dog-houses inspired by the platform's most popular rental types. The doghouses include a luxury chalet with a cozy fireplace for naps; a beach cottage with a rooftop checkerboard; a trendy rustic A-frame; a modern ranch house with a water and food station; and a mid-century bungalow with a dog pool and garden."

The pandemic has accelerated the transformation of homeowners into pet owners. According to the same

report, "43% of pet owners say they'd be willing to move to accommodate their pet, according to the National Association of REALTORS. What's more, 68% of pet owners surveyed by realtor.com say they would pass on the perfect home if it didn't meet their pet's needs. Unmarried couples, single women, and millennials have shown to be the most willing to move for their pets, according to NAR's data."

There's a market for everything

Dipping your toe into the doggy real estate market, though evolving, could prove to be a profitable venture for the right kind of contractor. You can put as much time into the business as you'd like. If you like the work and have some initial experience, you can start small and manage all aspects of the business on your own. Additionally, you're performing an understated community service for homeowners everywhere. Even for the intermediate carpenter who might be looking for a way to create in their spare time, dog houses could be a great way to earn some passive income while helping to shelter our furry friends. ●



Photo: istockphoto.com contributor Jaco Bothma



YOUR NEW FAVORITE SPACE

Bring your vision to life with Marvin Skycove.

MARVIN 

LUMBER • MILLWORK • BUILDING SUPPLIES
HERRINGTON'S[®]
 We share your passion.[®]

Hillsdale, NY: 518.325.3131 • Lakeville, CT: 860.435.2561 • Millerton, NY: 518.789.3611
 Hudson, NY: 518.828.9431 • Chatham, NY: 518.392.9201 • Sheffield, MA: 413.229.8777



herringtons.com • 800.453.1311 • WINDOW & DOOR SPECIALISTS

The Noble Difference: 6 Pillars of Holistic Care & Living



 Heal  Nourish  Create  Connect  Move  Live



17 Cobble Road, Salisbury, CT
 (860) 435-9851
www.noblehorizons.org

50 YEARS 1972-2022
Noble HORIZONS
 THE ART OF *aging*

A nonprofit organization

Senior Living Rehabilitation Skilled Nursing Memory Care

Accepting only the
EXCEPTIONAL.
www.harney.com

WEST CORNWALL, CT

Klemm Listed & Sold



Highest Sale Litchfield County YTD Ask \$5.25m

Exquisite Country Compound. Brick Georgian Manor House. 3 Additional Independent Residences. Barns. Pool. Tennis. Privacy. 187± Acres. Carolyn Klemm, Graham Klemm, Maria Taylor. 860.868.7313.

KENT, CT



Private Country Estate. Stone & Shingle Main House. Pool. 2-Story Pool House. Tennis. Panoramic Views. 66± Acres. \$6,900,000. Joseph Lorino. 860.868.7313.

COEYMANS, NY



Stately Georgian Colonial. 3 Guesthouses. 3 Barns. Pool. 2 Ponds. Hudson River Frontage. Berkshire Views. 73.1± Acres. \$2,900,000. Drew Hingson. 860.435.6789.

SHARON, CT

NEW LISTING



Private Colonial. 4 Bedrooms. 3.5 Baths. Fireplace. Woodstove. Pool & Pool House. Top Location. 31.08± Acres. \$2,850,000. Graham Klemm. 860.868.7313.

#1 Boutique Firm in Connecticut

KLEMM REAL ESTATE Inc
 LITCHFIELD COUNTY'S PREMIER BROKERS

Lakeville/Salisbury 860.435.6789 > Litchfield 860.567.5060 > New Preston 860.868.0505
 Roxbury 860.354.3263 > Sharon 860.364.5993 > Washington Depot 860.868.7313 > Woodbury 203.263.4040

Source: SmartMLS, CC & DC MLS, MHMLS and Klemm Private Sales 1/1/93 - 2/15/22



klemmrealestate.com

ORGANIC FARMING IN HUDSON

By Regina Molaro
info@mainstreetmag.com

Hudson, NY, also renowned as “Upstate’s Favorite Downtown” is a riverside town that is home to 7,000 diverse residents. Its urban center boasts over 300 independently-owned shops, bars, bakeries, and restaurants. Its burgeoning new economy is rooted in food, the arts, and culture.

In 2014, Letterbox Farm, a collectively-owned and operated commercial farm opened in Hudson. It was founded by farmer and researcher, Faith Gilbert, who is the author of free publications, *Cooperative Farming*, a how-to handbook on forming collaborative farm ventures and *A Guide To Sharing Farm Equipment*.

Initially founded as a 2-acre hand-scale market garden, Letterbox went through some early changes when livestock farmers Nichki Carangelo and Laszlo Lazar started working with Gilbert the following year. The trio of farmers worked alongside one another for several seasons and collectively had a hand in shaping Letterbox into the diversified farmscape it is today.

The farm specializes in the small-scale, organic production of vegetables, greens, herbs, and flowers. It also raises meat birds (chickens raised for meat), laying hens, hogs, and rabbits on its plot of land that spans across 64 acres. Its land runs through picturesque scenes – from fields and woods to ravines and mountainside areas.



The rabbits are raised using a wire/pasture hybrid method. The poultry and pig feed hails from Stone House Grain in Hudson and the rabbit feed from Lutz Feed in Oneonta.

Gilbert is credited for selecting the Letterbox name, which proved to be an ideal moniker for the destination. “It’s just a silly, flexible name that doesn’t highlight any one individual or any one facet of the farm. It allowed the business to evolve – which it has done, and hopefully will continue to do for many years to come,” says Nichki Carangelo, farmer/partner, Letterbox Farm.

She is also the author of *Raising Pastured Rabbits For Meat – An All-Natural, Humane and Profitable Approach to Production on a Small Scale and 21st Century Pastured Poultry – a Letterbox Farm Enterprise Guide*, which is available for free on the Letterbox website.

According to Carangelo, who also manages the retail marketing, Gilbert’s tenure with Letterbox Farm recently came to a close, but Gilbert has remained on board for other initiatives.

New team, new model

Letterbox Farm’s current ownership structure now resembles more of a traditional family farm than a co-op. “Letterbox remains the combined effort of an invested team. We have been blessed to host many talented farmers over the past nine years and this farm is an ever-evolving reflection of the team that stewards it,” says Carangelo.

Lazar is also a key member of the Letterbox team. He grew up farming, is a Vo-Ag Center graduate and former FFA (Food For America) president, and spent six years as a park ranger for the Army Corps of Engineers. As Letterbox Farm’s equipment manager, he is also an integral mem-



Photos with this article depict the people, animals and products at Letterbox Farm. Photos courtesy of Letterbox Farm.

ber of the land management team.

This year, long-term team member, Maggie Reileingh has taken on the role of vegetable manager. The entire team is eager to see what Reileingh’s version of the Letterbox garden looks like.

As many as ten team members work for Letterbox during the height of the season. The staff roster includes Jae – a young, energetic teammate who has a degree in the culinary arts and a ton of hospitality talent. He has channeled new creativity into the farm.

Another stellar team member is Theo, who has a knack for organization, an incredible attention to detail, and a passion for community outreach. “This year, Letterbox will be a reflection of all these extraordinary talents as well,” says Carangelo. English sheepdogs, Moo and Daphne, are the farm’s unofficial farm greeters.

Continued on next page ...

Food shopping made simple

Foodies may order foods in advance via online shopping, but they're also welcome to personally stop by to shop the inviting farm. The on-site farm stand will re-open in May and will remain in operation through December. "Our favorite way to sell our food is through our 'full diet CSA' (Community Supported Agriculture) – a subscription service for food," says Carangelo. It offers whole meals for as little as \$59 per week. Customers are invited to sign up in advance. Once they're in the system, the team at Letterbox will assemble a collection of the farm's organic vegetables, greens, and eggs as well as the customer's choice of pasture-raised meats, mushrooms, or fish to be picked up weekly or every-other-week.

A Summer Share membership is offered from June through October while a Three Season Share delivers food to members from April through December. Payments can be made in advance or can be made via automatic installments. Customers may also utilize the "flex credit," which is allotted to each member at the beginning of the season. It offers enticing eats such as grass-fed lamb or fresh steelhead trout and lox. Each week, members receive a list of what's available.

Letterbox's food collection is also available for purchase at two farmers markets – one in Rhinebeck and the other in Bronxville. The Letterbox

team also works with local restaurants and distribution companies such as the Good Food Farmers Network – a farmer-owned venture dedicated to connecting members with farmers. The Columbia County-based business delivers fully customizable orders to people's homes or offices.

Farm events

Since people have generally taken a hiatus from lavish farm dinners thanks to the pandemic, Letterbox has moved away from hosting weddings. A new plan is in the works – the team is eager to host a series of more accessible community events for 2022.

The roster of events includes fun movie nights out on the farm in July, August, and into September. Letterbox will also host a series of dinner pop-up events. Although the dates of the movie nights are subject to change, the current calendar includes July 1 and 15 as well as August 5 and 19, and September 2. In May, the Letterbox team will be asking its audience of community members to select the movies, using a bracket style voting system. Think March Madness-style voting for movies.

"We are also hoping to host a few local food trucks on our farm this summer, but we have not sorted out the details yet," says Carangelo.

People are also invited to go spend the night at Letterbox. A spacious 19th-century farmhouse is situated on



the 64-acre property. Located just two miles from busy downtown Hudson, the five-bedroom home sits on the working organic farm, which is brimming with flowers, vegetables, pigs, chickens, and rabbits.

Ideal for families and groups, guests are welcome to prepares meals in the large, open kitchen or barbecue under the twinkling stars. While there, they can also visit the animals, or lounge by the fire pit. Guests have private access to the entire house and the farmhouse yard along with shared use of the open fields and woods. One hundred percent of the earnings from the accommodations are used to support and sustain Letterbox Farm.

Research initiatives

Ongoing research always depends on who is working at Letterbox and which interests are nearest and dearest to their hearts. Since Gilbert is an excellent organizer, she piloted and continues to run the Hudson Valley Bulk Order program – a farmer-to-farmer cost savings program. In an effort to obtain product discounts and reduced shipping costs, the purchasing power

of the farmers is combined. Gilbert aims to provide a 10-15% overall cost savings to participating farms, while retaining as minimal a percentage as possible to cover operating costs.

Letterbox Farm is also on the farmer advisory board of the Hudson Valley CSA Coalition – a collaborative effort of CSA farmers in the Hudson Valley who share a common desire to bring the CSA experience to more of their neighbors and community members. Inspired by Wisconsin's FairShare CSA Coalition, the Hudson Valley CSA Coalition is a network facilitated by Glynwood. It has amassed more than 100 farms in this region and the list continues to grow. Letterbox is also on the advisory board of Hudson Valley Livestock Producer Network. •

To learn more about Letterbox Farm, you can call them at (203) 560-0322, visit the farm at 4161 Route 9, Hudson, NY or visit them online at www.letterboxfarm.com.

Call for a free quote today!

- Lawn & Landscape Installations
- Patios & Walkways
- Land Clearing
- Lawn Maintenance
- Invasive Plant Management
- Excavation Services
- & More!



Residential & Commercial Landscaping

(860) 824-1188 • office@mattslandscapingct.com

MONTAGE

presents

TREASURES FROM A PRIVATE COLLECTION OF CONTEMPORARY ART



Caio Fonseca



Caio Fonseca

A pop up show of prints, drawings, photographs and more by DIEBENKORN, FONSECA, FRANKENTHALER, and others...

MARCH 5th, - APRIL 3rd, 2022

Meet the curator at an opening reception on March 5th, from 5-7PM

860-485-3887 • 25 Main Street, Millerton, NY • WWW.MONTAGEANTIQUES.COM



REAL ESTATE

SELLING HOMES & LAND IN THE NW CORNER OF CT FOR 50 YEARS



*Home is where
your pet is. Let
us help you and
your four-legged
friend find your
forever home!*



860-927-4646 • 860-364-4646 • 860-672-2626 • www.bainrealestate.com

looking for a furr-ever home

DUTCHESS COUNTY'S SPCA'S TOP 4 PETS IN NEED OF A HOME



<< Charlie

Eight-year-old Charlie is a great family dog. He lived with a family of six that included two toddlers. He loves to be with his people so much that he actually grins! He's great on a leash, but what Charlie really enjoys is to play ball. He can't wait to get outside to the yard and chase a ball around. He smiles from ear to ear as he gallops around and seems to laugh with joy. He is very smart and knows his basic commands. When you come to meet him, he will melt your heart. He is a lovely dog who wants to be your one and only pet.



^^ Phil

Phil is a gorgeous, young hunk who has had a bumpy start in life. He arrived at the shelter as a stray, his eyes were irritated because his eyelids turned inward (entropion) and he had a condition that caused his paws to swell. Corrective surgery on his eyes brought relief and now Phil can stare hard at you, willing you to pet him. He is a handsome long-haired cat with the face of an old soul and the heart of a teddy bear. He is a really good snuggler, but he has his limits. He will let you know with a pat on the hand with his paw because he's a gentleman.



<< Feather

At 14, Feather is the sweetest senior feline you will ever meet. She had one home her entire life, but when her owner could no longer care for her, she ended up at the shelter. Worship her with pets and cuddles and she will pay you back with love and purrs. She will be a wonderful friend and companion. Feather lived with other cats but never lived with a dog or met any children. Her former owner described her as "very sweet, very friendly and loves everybody." Feather happily takes a twice-daily medication for hyper-thyroidism because she enjoys the extra attention.



<< Mickey

The DCSPCA team is always singing "Oh, Mickey, you're so fine," every time three-year-old Mickey comes into view. It's true, he's very handsome! Mickey is also very affectionate and enjoys spending cuddle time with his humans. He also likes playing with his toys and a good game of fetch. He knows the commands "sit, down, come, paw and stay" and walks well on leash. Before he came to the shelter, Mickey was attacked by another dog. This traumatic experience made him fearful and now he becomes defensive when other dogs are near. Shelter staff are working with Mickey on his dog aversion and he is making excellent progress! His ideal forever family will be patient and willing to help him work through his fears. Mickey will be worth the effort!

If you are interested in adopting Mickey, Charlie, Feather, Phil or any of our other available pets, please visit the adopt page at www.dcsPCA.org.

To meet one of our pets, you must have an approved adoption application on file. Those with approved applications can visit the shelter Wednesday through Sunday from 12pm to 5pm. Check the website to make sure the pet you want to meet is in the shelter and not in foster. To meet a pet in foster care, you must have an approved application and make an appointment.

We are currently following CDC and New York State COVID guidelines.

Founded in 1871, Dutchess County SPCA is celebrating 150 years of helping the animals of our region.

◆ Church Street ◆
DELI & PIZZERIA

BREAKFAST • LUNCH • DINNER
 SALADS • SANDWICHES • SUBS •
 WRAPS • BURGERS & DOGS •
 PIZZA • & MORE!

(518) 329-4551
 1677 COUNTY RT. 7A, COPAKE



Eastern States
WELL & PUMP SERVICES
 LLC



(518) 325-4679

HILLSDALE, NY • info@eswps.com
 www.easternstateswellandpumpservices.com

Mass. Lic. #101, 704 & 949 • NY. Lic. #10061 • Conn. Lic. #85 & 364

MAINSTREET
moxie

THE PODCAST

LISTEN EVERYWHERE
 YOU LISTEN TO PODCASTS

www.mainstreetmoxie.press



HUDSON VALLEY
OVERHEAD
 DOORS & OPERATORS

Proudly serving Columbia, Greene, Dutchess, Ulster,
 Berkshire & Litchfield counties for over 10 years

- REPAIRS** **TROUBLESHOOTING**
- Broken springs
 - Broken Cables
 - Damage Sections
 - Garage Door Openers
 - Preventative Maintenance on Doors and Openers

RESIDENTIAL & COMMERCIAL
 SALES • SERVICE • INSTALLATION



845-876-2772 • www.hudsonvalleydoors.com • 12 Enterprise Dr., Rhinebeck

Your Ride is Here!

RUGE'S | **Automotive**
Inc.



rugessauto.com



Future Farmers of America

By Patrick Hancock
info@mainstreetmag.com

In the January issue of *Main Street Magazine* Dutchess County Legislator, Gregg Pulver, indicated that the FFA organization (Future Farmers of America) played a crucial role in his development as a leader. We hear of the “farm-to-table” movement, the desire for fresh/local food and the need for local farms to flourish. In these pandemic times with supply chain snags, we see a renewed interest in home gardening and home food production generally. We observe the aging of our farmer population. Who will provide our food in the future? FFA can help meet these needs and more. But what is FFA?

What is FFA?

Historically, the organization was known as Future Farmers of America. Recognizing that its mission was much broader than production agriculture, it was renamed in 1988 and is now called the National FFA Organization. The question of “What is FFA?” can be further addressed courtesy of National FFA headquarters. “FFA provides the next generation of leaders who will change the world. Founded in 1928, FFA is the premier youth organization preparing members for leadership and careers in the science, business, and technology of agriculture. Total membership is just over 735,000 students nationwide who are part of 8,817

local chapters. Chapters can be found in all 50 states, Puerto Rico, and the US Virgin Islands. [Indeed, ten FFA chapters are less than 35 miles from Millerton, NY, where this magazine is published].

“FFA is not just for students who want to be production farmers; FFA also welcomes members who aspire to careers as teachers, doctors, scientists, business owners, and more. The new name reflects the growing diversity and new opportunities in the industry of agriculture.

“FFA continues to help the next generation rise up to meet those challenges by helping its members to develop their own unique talents and explore their interests in a broad range of agricultural career pathways. So today, we are still the Future Farmers of America. But, we are the Future Biologists, Future Chemists, Future Veterinarians, Future Engineers, and Future Entrepreneurs of America, too. Today, the National FFA Organization remains committed to the individual student, providing a path to achievement in premier leadership, personal growth, and career success through agricultural education. Our members live the motto *Learning to Do, Doing to Learn, Earning to Live and Living to Serve*. FFA members rise to the challenge of service embracing members of all walks of life united through FFA.”



Individualized experiences

Given the breadth of interests that fall under the FFA umbrella, it is easy to tailor a chapter’s activities to the local student body. This enables students to create an individualized experience. Just as agricultural enterprises and natural resource issues vary from region to region, so does the emphasis of FFA chapters around the nation.

In my lifetime, dairy farming has become less prevalent in the region. However, greenhouse, floriculture, and landscaping businesses are on the increase. FFA chapters adjust.

Fun Fact: *It doesn’t have to be rural ... the largest chapter in New York State is in Queens (NYC) at John Bowne High School.*

All FFA members are encouraged to pursue a Supervised Agricultural Experience. This “hands on” component of education puts classroom learning into practice. It could be an internship or employment at a local farm or agriculturally-related business, research-based in which the student



Above top to bottom: Members of the Pine Plains FFA. Members of the BOCES FFA, above and below, left.



Continued on page 27 ...



PALLONE KARCHESKI
CONTRACTING

860-485-4696

info@pkcontractingct.com

43 Bragg Street | Canaan, CT 06018

www.pkcontractingct.com



PRECISION
AUTO STORAGE



NOW BOOKING '22-'23

(917) 715 0624 • 6050 Route 22 in Millerton, NY
dan@precisionautostorage.com • www.precisionautostorage.com



Ask us about
warm, cozy
Radiant
Heat!

Warming homes (and paws) for
over 70 years.



HerringtonFuels
It's all about comfort.

Propane • Heating Oil • Heat Systems • Service/Repair • Tank Monitoring
24/7 Emergency Service • Diesel/Kerosene • Wireless Services
(518) 325-6700 herringtonfuels.com

RAYNARD & PEIRCE
REALTY, LLC

93 Church Street, Unit 1 | PO Box 1152 | Canaan, CT 06018
Wendy Eichman, Broker | 860-453-4148 | info@raynardpeircere.com

76 South Canaan Road, North Canaan, CT 06018
Commercial Property on 17.50 Acres | New Price: \$430,000






Commercial property adjacent to golf course. Several income opportunities on this property that also includes a home Built in 1762 and one of the first few homes to be built in North Canaan. This home is a total renovation project with great potential! Large 2,880 sq ft. workshop is currently rented along with 5 attached garages that also provide income. Plenty of parking for large trucks and vehicles. Large two room former office is also attached to this house and could provide additional income. Diesel tank also provides monthly income. The home on the property is Post and Beam construction with original wide board flooring. Large rooms, 4 fireplaces. 4 bedrooms upstairs. Property contains 17+ acres - approximately four acres surround house and buildings and an additional 13 acre bird & wildlife sanctuary. This home will be spectacular once restored to its original state.

MLS# 170442286
Wendy Eichman, Broker: 860-453-4148

 facebook www.raynardpeircere.com  Instagram

conducts their own experiments (could double as a science fair project), entrepreneurial if a student starts their own enterprise such as market vegetables, laying hens, or livestock raising (maybe for the Big E or your local county fair), or working for a service-based enterprise. In all cases the student tracks cash income and outflow as well as records what they learn in a journal under the guidance of their chapter advisor/s.

All FFA members are also encouraged to participate in competitions starting with their local district and moving to substate, state, and national levels. Competitions are held in career development events such as veterinary science, floriculture, landscaping, meat grading, mechanics, and numerous others. Competitions are also held in leadership events such as reciting the FFA creed, demonstrating how to run a meeting using parliamentary procedure (Robert's rules of order), and speaking on issues in agriculture. Again, there are numerous others. In these COVID times, competitions can be virtual.

No FFA? No problem!

If your school does not have a chapter, contact your state FFA association to inquire. At minimum a three class sequence will need to be offered in school. These courses will need to be approved by your Board of Education and be taught by a teacher certified



Above: Dutchess County Legislator Gregg Pulver (center in red) with Marcus Molinaro, Dutchess County Executive, to his left with members of the Pine Plains FFA. Below, top to bottom: Members of the BOCES FFA. Members of the Pine Plains FFA.

in agriculture education. At John Jay High School in Hopewell Junction, NY, our chapter is quite new (less than five years old). The current sequence includes Biology, that ninth graders are required to take, and two electives, Plant Science and Animal Science. The electives are typically taken by upperclassmen. The electives frequently use the Curriculum for Agriculture Science Education (CASE curriculum). The CASE organization offers curricular materials as well as training for teachers.

Helping to establish an FFA chapter is one of the best things that happened in my teaching career. Students who have this set of interests now have an organization they can connect to with like-minded students in their building, their district, their state. Community support from the broader agriculture community has been outstanding. Grant money is available for new chapters. For starters I encourage you to search FFA.org or search for your state FFA association.

FFA chapters in our region:

Pine Plains FFA, Pine Plains, NY
 Advisor/contact is Stephanie Rhoades and can be reached at s.rhoades@ppcsd.org. Membership: 45.

Chartered at least 50 years ago, for decades it was the only chapter in Dutchess County. The chapter

focuses a lot on the areas of personal growth and community development. Several community events are hosted throughout the year, allowing members to connect to the community and grow as leaders. One of the biggest events is our annual Ag Fair. For the Ag Fair we partner with local farmers to give showmanship experiences to fourth and fifth graders. Local farmers work directly with the elementary students for a few hours daily during the 2-3 weeks leading up to Ag Fair to get the kids and animals ready for our dairy and livestock shows. A special shout-out goes to this year's farms: Lo-Nan, Millerhurst, and Ronnybrook for allowing youth in our area to experience livestock showmanship firsthand. In addition to livestock showmanship there is also a horse pull, tractor pull, animal exhibits, gym exhibits from elementary classes and the local garden club, and more at the Ag Fair. Look for it in October.

We also host FFA District 2 (NYS) leadership contests, a farm toy show, ag literacy visits to second graders, and a canned food drive. These events make a difference in the lives of FFA members by connecting them to our community and by allowing members to develop leadership and communication skills. Members must work together to coordinate all aspects of these events.

Our chapter members further their personal growth by participating in state-level leadership conferences and programs at the Oswegatchie Educational Center, which is New York's FFA leadership camp in Croghan, NY. In the words Cailin Halladay, "I have learned a lot of leadership skills that carry over into the real world. These skills have positively impacted me and shaped me into who I am." Cailin is a Senior in the Pine Plains FFA and serves as the chapter reporter.

Wamogo Regional FFA, Litchfield, CT

Advisor/contact is Charlie Rowland, and can be reached at CRowland@RSD6.org. Membership: 250

Chartered in 1955, we are fortunate to have seven major areas of study, including Production Animal and Equine, Agricultural Mechanics, Veterinary Science, Natural Resources, Horticulture, Food Science and Sustainability, and Ag Biotechnology. As a chapter, we have strong partnerships in the community and embody the "Living to Serve" aspect of the FFA motto. These partnerships include teachers and students working with many local agricultural businesses, including White Memorial Conservation Center and Tri-State

Continued on next page ...

Veterinary Services.

Additionally, we plan and participate in a variety of service projects throughout the year, including donating the produce from our garden to local food shelters, holding fundraisers for local organizations, and hosting petting zoos during community events to increase agricultural awareness. In order to accomplish all of our events throughout the year, every Wamogo FFA member serves on an FFA committee where they participate in the planning and hosting of these events and opportunities. This provides all of our members with valuable leadership experience as well as the ability to collaborate with their peers and community members.

Dutchess County BOCES. FFA, Dutchess County, NY

Advisor/contact is Rebecca Cossa, and can be reached at rebecca.cossa@DCBOCES.org. Membership: 35-40

Chartered in 2017, we have strong interests in Veterinary Science, Floriculture, and Agriscience Research. BOCES draws students from throughout the county. FFA has shown our students that they can be organized leaders, independent facilitators, and effective public speakers. FFA boosts confidence in both general members and officers, and creates camaraderie within our ag program. FFA has been an excellent conduit for connecting our students to the

community through various organizations and events such as Dutchess County Ag Society and the County Fair, Dutchess Cornell Cooperative Extension, 4-H, and other FFA chapters through local events and competitions.

BOCES has AM and PM student groups with no extracurricular time/transport. Therefore, to support our Chapter we have two FFA officer teams, AM and PM. Both teams do monthly events such as seasonal festivals, holiday markets, floral and plant sales as well as community service (donations collections, etc). The NY State Convention and our Annual Banquet are the largest events.

Shepaug FFA, Washington, CT

Advisor/contact is Pete Lawler, and can be reached at Lawlerp@region-12.org. Membership: 113

Chartered in 2019, this is our third year of the agriscience program. We are looking forward to having a full program next year with our first graduating class! Our strongest interests are in animal science, sustainability, food systems, and power systems and technology.

Students believe that FFA has made an impact on their lives through the leadership opportunities, community service, and career readiness opportunities (like career development events or supervised agricultural experience projects). As a new chapter, FFA has helped us to better connect with our community as we have nine sending towns to the agriscience program. This has allowed students to engage with a larger community and seek out opportunities for community service where our students live. As we are building our chapter's traditions, important activities throughout the year include local tractor parades, National FFA Convention, Shepaug's Annual Holiday Bazaar, and our spring FFA Banquet.

Housatonic Valley FFA, Falls Village, CT

Advisor/contact is David Moran, and can be reached at dmoran@hvrhs.org.



Above: Members of the Shepaug FFA. Below, top to bottom: Members of the BOCES FFA. Members of the Wamogo FFA.

Membership: 175 from NY, MA, and CT.

Chartered in 1940, our strongest interests are Animal, Food, and Plant Sciences as well as Natural Resources, Engineering and Mechanics.

The FFA makes a positive impact in the lives of students by developing their potential for premiere leadership, personal growth, and career success. Students have started innumerable agribusinesses, attended post-secondary education through the PhD level, trade schools, and have entered tradition agricultural enterprises as well as law, education, medicine and finances. The community is everything to our program. Without it the quality of our program would be greatly diminished. It all begins with the Agricultural Advisory Committee and extends to our Alumni program. Beyond these two entities, there are a number of community people that are extremely generous to the students and program, from the local community, state and national resources, as well as the Tri-state area.

Local activities include FFA Awards, holiday sales and marketing, National FFA Week.

John Jay FFA (Wappingers Central Schools), Hopewell Jct., NY

Advisor/contact is Maryjane McFarland, and can be reached at maryjane.mcfarland@wcsdny.org, as well as Emily Sztaberek, who can be reached at emily.sztaberek@wcsdny.org. Membership: 45.

Chartered in January of 2020, just in time for COVID shutdown! The group was active for at least a year before becoming official. Primary interests include Plant and Animal Sciences, Veterinary Science, Mechanics and Leadership skills such as public speaking. The Advisory Committee and local agricultural organizations such as the Dutchess County Agriculture Society, Dutchess County Dairy Committee, and Hudson Valley Fresh were, and remain, vital to our success. Recently linked to the East Fishkill Historical Society and the Senior Center in Hopewell, the group looks forward to maintaining historic gardens and growing produce for seniors in the community.

Notable activities include a holiday plant sale, goat yoga, and winter carnival for youngsters in the community (complete with petting zoo and goat poop bingo). Best of all, our FFA students can apply classroom science to real life situations (a big selling point to our BOE) and they are able to seek out and share interests with like-minded students. We are looking forward to our first, in-person, State Convention (fingers crossed). •

Other FFA Chapters in the immediate area include Taconic Hills, Mount Everett, Northwestern Regional and Woodbury.



A SPACE AS UNIQUE AS YOU!



Scott Boyles



All Aboard Woodwork



Woodworks Chatham

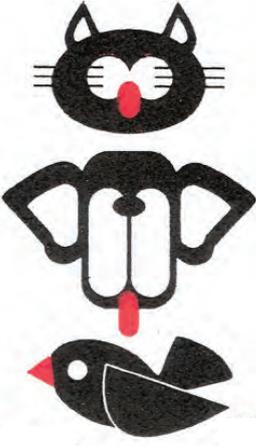


Lost Mountain Woodcraft

CUSTOM MILLWORK • FLOORING • KILN DRIED SOFTWOODS,
HARDWOODS & EXOTICS • MULCH & WOOD CHIPS • PANELING •
RECLAIMED WOOD • ROUGH CUT PINE & HEMLOCK • SIDING •
STONES • TABLETOPS & GLUE-UPS • TRUSSES

(518) 828-5684 • 1262 RTE 66, GHENT, NY
WWW.GHENTWOODPRODUCTS.COM

Ghent
WOOD PRODUCTS



Catering to the needs of the well-loved pet since 1993

Petpourri

We love your pets.

SUPER PREMIUM PET FOODS • RAW DIETS • QUALITY TOYS, TREATS & ACCESSORIES FOR YOUR DOG & CAT
— MANY MADE IN USA

Hours: Monday-Friday 9-5:30, Saturday 9-4
333 Main Street, Lakeville, CT • Phone: 860-435-8833

Ronnybrook Farm
FRESH . LOCAL . FAMILY OWNED .

1 FREE MILK
March 1st-31st

Free Milk Of Choice
With Purchase

Only Valid At
Ronnybrook Farm Store

Ronnybrook Farm Store
310 Prospect Hill Road
Ancramdale, NY 12503
(518)398-6455

Glass milks will be charged \$2 deposit.



The ideal venue & location for your perfect day



CATSKILL VIEW

WEDDINGS & EVENTS

CALL 518 592 1135 • CATSKILLVIEWWEDDINGS.COM

Architectural, Interior, Real Estate
Photography by Sarah Blodgett

Sometimes you need an artist to capture your art.

www.sarahblodgett.com
sarahblodgett@mac.com
518~755~4933



HAMMERTOWN

PINE PLAINS • RHINEBECK • GREAT BARRINGTON • LIFESTYLE MARKETPLACE

IN-STOCK FURNITURE,
LIGHTING & RUGS
•
GIFTS, TABLETOP
ANTIQUES & MORE

hammertown.com

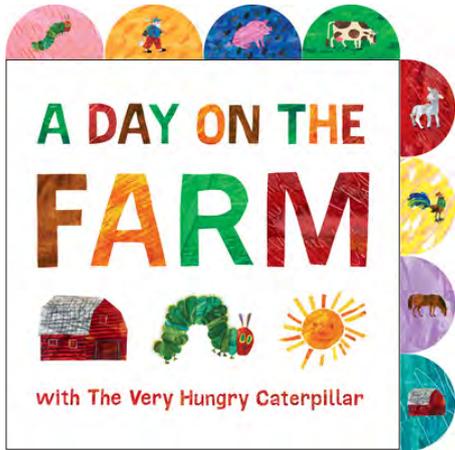
follow us....
Instagram
@hammertownbarn

DESIGN SERVICES
AVAILABLE



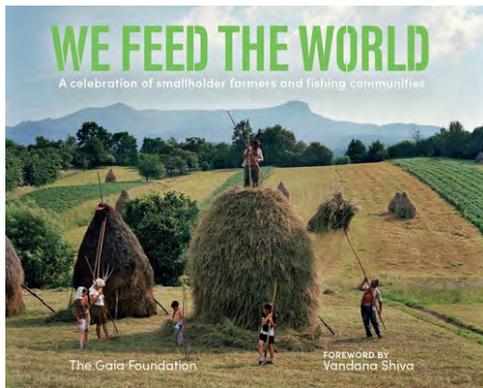
oblong books has all of the

ANIMAL AND FARM-RELATED BOOKS FOR YOUR ENJOYMENT



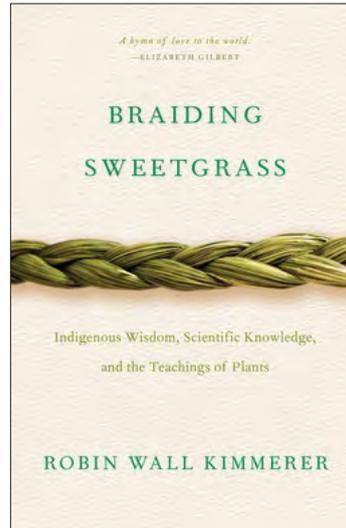
A Day on the Farm with The Very Hungry Caterpillar: A Tabbed Board Book
by Eric Carle

Explore a day on the farm with The Very Hungry Caterpillar! It's a sunny day on the farm with The Very Hungry Caterpillar! Who will he meet? From horses near the big red barn to little ducklings in a pond, discover new farmyard friends in this tabbed board book with easy-to-flip tabs, easy-to-read text, and easy-to-love Eric Carle art.



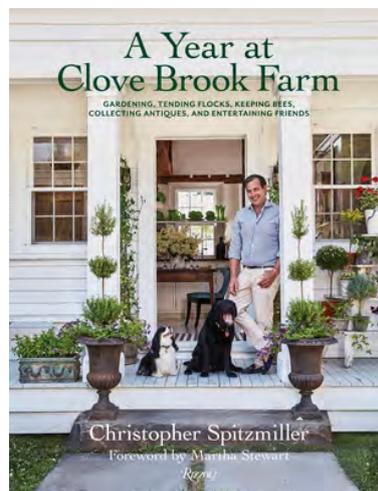
We Feed the World: Celebrating the Farmers and the Land That Feeds Us
by The Gaia Foundation

Smallholder farmers produce 70% of the world's food, but they're often overlooked, and their livelihoods are under threat from large scale industrial farming which has a huge impact on nature, our landscapes, health and society. Over the last two years the Gaia Foundation commissioned a team of internationally renowned photographers to document the working lives of small-scale farmers from six continents. The resulting book, *We Feed The World*, is a testament to their resilience, rooted in their intimate relationship to the land and waters across the planet.



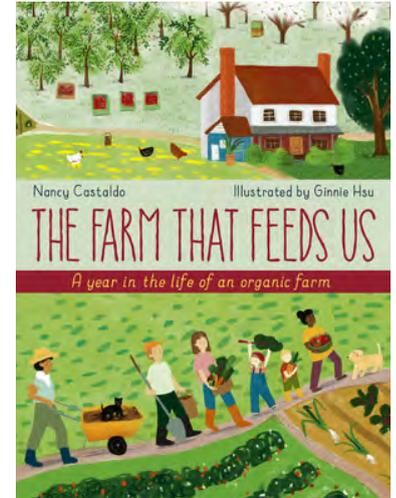
Braiding Sweetgrass by Robin Wall Kimmerer

As a botanist, Robin Wall Kimmerer has been trained to ask questions of nature with the tools of science. As a member of the Citizen Potawatomi Nation, she embraces the notion that plants and animals are our oldest teachers. In *Braiding Sweetgrass*, Kimmerer brings these two lenses of knowledge together to take us on “a journey that is every bit as mythic as it is scientific, as sacred as it is historical, as clever as it is wise” (Elizabeth Gilbert).



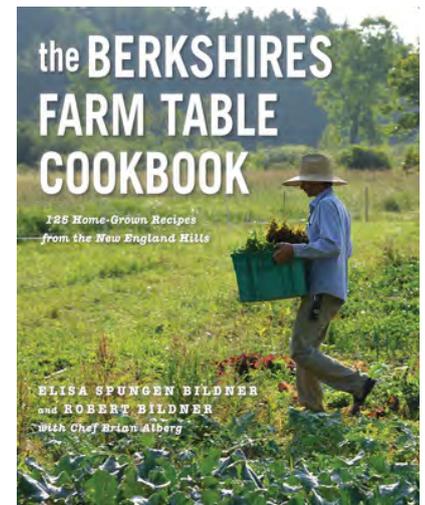
A Year at Clove Brook Farm: Gardening, Tending Flocks, Keeping Bees, Collecting Antiques, and Entertaining Friends
by Christopher Spitzmiller

Welcome to a year of sustainable living with renowned ceramicist Christopher Spitzmiller, with advice and inspiration for seasonal entertaining, gardening, tending heritage chickens, and more.



The Farm That Feeds Us: A year in the life of an organic farm by Nancy Castalda

Where does our food come from? What role do farms play? What's it like to be a farmer? In this charmingly illustrated book, follow a farm throughout the year to discover how the farmer grows fresh and tasty food for us to eat in a sustainable and natural way.



The Berkshires Farm Table Cookbook: 125 Homegrown Recipes from the Hills of New England by Elisa Spungen Bildner and Robert Bildner with Chef Brion Alberg

The best of the Berkshires' homegrown food from noted farms to esteemed kitchens. The Berkshire Hills of western Massachusetts are famous for their unique culture, from scenic views to artistic and literary attractions.

PAINT | DRYWALL | CARPENTRY | FLOOR FINISHING

BUSHNELL

PAINTING

A HOME REMODELING COMPANY

860-605-5856 | BUSHNELLPAINING.COM

MARCH MADNESS SHOE SALE

It's a **SLAM-DUNK!**

ALTRA, BIRKENSTOCK, BLUNDSTONE, BORN, BROOKS, CLARKS, DANSKO, MERRELL, NOAT, RED WING, TAOS, TIMBERLAND, TEVA, VIONIC, SAMUEL HUBBARD



\$10 OFF

entire purchase of \$75 or more*

\$20 OFF

entire purchase of \$125 or more*

\$30 OFF

entire purchase of \$200 or more*



25 North Main St., Kent, CT

Tue - Sat 10-5; Sun 12-5; Closed Mon

860-927-0009 | sundogshoe@aol.com

*Not valid with other offers. Offer good with this coupon through 3/31/22



Mindfulness-Based Stress Reduction

DEVELOPED AT UMASS MEDICAL SCHOOL BY JON KABAT-ZINN.

KATHERINE B. CRUM, PH.D.
KBC29@KBC29.COM

518-789-9635
MBSRCOLLABORATIVE.COM



R&R Servicer, LLC

Steve J Mosher • C: 914.474.5206 • randrservicer.net
Specializing in: Ponds, Landsculpting, Riding Arenas, & Roads



real food. real good.

Berkshire Food Co-op
www.berkshire.coop

MADSEN OVERHEAD DOORS

Fast, friendly service since 1954



Madsen Overhead Doors offers numerous door options to fit any budget!
Residential, Commercial & Industrial Doors, Electric Operators, Radio Controls, Sales & Service.



America's Favorite Doors®

673 Route 203, Spencertown, NY 12165
Phone (518) 392 3883 | Fax (518) 392 3887
info@madsenoverheaddoors.com
www.MadsenOverheadDoors.com

THE PEREGRINE

By Ian Strever
info@mainstreetmag.com

I hope this finds you in a quiet place: the armchair by the window, a glass of cabernet at your elbow. Or under a baffle of comforters, with the bed stand lamp the only light on in the house. I'd even take a bathroom, so long as it isn't too large, and the exhaust fan drowns out the sound of kids in the other room. Wherever you can find silence, allow yourself to read these lines about the song of a nightjar, or whip-poor-will, out loud:

Its song is like the sound of a stream of wine spilling from a height into a deep and booming cask. It is an odorous sound, with a bouquet that rises to the quiet sky. In the glare of day it would seem thinner and drier, but dusk mellows it and gives it vintage. If a song could smell, this song would smell of crushed grapes and almonds and dark wood. The sound spills out, and none of it is lost. The whole wood brims with it. Then it stops.

These lines form a preamble to an extended meditation on a more fabled bird, the peregrine falcon, in *The Peregrine* by J.A. Baker. Although he would only write two books in his lifetime, Baker's tour de force stands alongside such classics as Aldo Leopold's *A Sand County Almanac* and Annie Dillard's *Pilgrim at Tinker Creek* as a primer on the careful observation of nature's most ephemeral wonders.

A sacred ritual

Somehow, through a Masters program in English, over a decade teaching, and a lifetime of reading, Baker's work had eluded me until earlier this winter. After days spent in front of screens, I'd discovered that listening to books before falling

asleep had the dual benefit of resting my eyes and focusing my brain on something other than mundane stressors and concerns. I've burned through a swath of Audible, absorbing about a third of each book as I doze off to the mellifluous tones of the reader. In most cases, the prose is unremarkable.

The Peregrine, however, read by David Attenborough, is arresting. His reading recalls the intimacy of vinyl records, and the imagery of Baker's prose transports the listener to the estuarial lands of southeast England, where the narrator relates his flirtation with a pair of peregrine falcons that inhabit the marshes, fields, and woods of that area. Over the course of seven months, he obsessively tracks the birds, describing in exquisite and exacting detail not only the mechanics of their existence, but the grace, beauty, and magnificence of the creatures. As the excellent nature writer Robert Macfarlane writes in the introduction, "The book records these months of chase in all their agitated, monomaniacal repetitiveness, and describes them in a style so intense and incantatory that the act of bird-watching becomes one of sacred ritual."

The perfect companion

The Peregrine is a perfect companion to the winter. The harshness of the season suits the austerity of these birds and the hunter who keeps vigil for a glimpse of the "passionate intensity" that inspired works like Yeats's *The Second Coming* and the "fearful symmetry"

Continued on next page ...



Above: Baker's indulgent descriptions of peregrine falcons pair well with rich, creamy cocoa.



Above: Peregrine Falcon, bird of prey sitting in the snow with catch during winter with snow. Photo: istockphoto.com contributor Ondrej Prosicky. Below, right: Landmark environmental literature both delights and inspires. The resurgence of raptors in our country can be traced to works such as *The Peregrine* and Carson's *Silent Spring*.

of Blake's tigers. It is a season for watching tracks in the snow, and a season of deprivation, when natural selection mandates the unforgiving ruthlessness of these predators.

Yet Baker's prose is as indulgent as *hygge*, and he languorously considers the minutest details, for, as he cautions the reader, he has "tried to preserve a unity, binding together the bird, the watcher, and the place that holds them both." Twenty-five pages after making this promise, Baker is true to his word:

Wherever he goes, this winter, I will follow him. I will share the fear, and the exaltation, and the boredom, of the hunting life. I will follow him till my predatory human shape no longer darkens in terror the shaken kaleidoscope of color that stains the deep fovea of his brilliant eye. My pagan head shall sink into the winter land, and there be purified.

The "sacred ritual" described by Macfarlane is evident in Baker's diction here, one of dozens of instances where his imagery enthralls and delights, inviting the reader to savor

his observations, to let them infuse a snowbound afternoon with the redolence of an artful image. Baker's use of metaphor and synesthesia, or the use of one sense's imagery to invoke another's, contribute to the richness of the prose. The lowlands of East Anglia blossom in his description:

South is a bright, blocked space, opaque and stifling; West is a thickening of the earth into trees, a drawing together, the great beef side of England, the heavenly haunch; North is open, bleak, a way to nothing; East is a quicken-



ing in the sky, a beckoning of light, a storming suddenness of sea, Time is measured by a clock of blood.

Call for conservation

Masterful nature writing not only transports the reader, but expresses an appreciation for our surroundings that constitutes a call for conservation. Leopold, Dillard, and Carson made their marks in literature and environmental activism, and Baker's work, published in 1967, portends the holocaust for predatory birds that Carson documents in *Silent Spring*. While Carson dwells on the "elixirs of death" that devastated American raptors, Baker elegizes their English counterparts with prescient foreboding. "Few peregrines are left, there will be fewer, they may not survive. Many die on their backs, clutching insanely in their last convulsions, withered and burnt away by the filthy, insidious pollen of farm chemicals."

Fortunately, Carson's call-to-action, while predating Baker's work, stayed the doomsday scenario he foretold. We can now see peregrine falcons in our area, alongside bald eagles and other survivors and, after setting aside *The Peregrine*, step out into the countryside on a winter's morning to marvel at them in person. ●

KOHLER®

IN POWER. SINCE 1920.



WHENEVER THERE'S AN OUTAGE, YOUR KOHLER® GENERATOR KEEPS YOUR LIGHTS ON, YOUR FRIDGE COLD AND YOUR HOUSE COZY.

OnCue * Monitoring Software – Get alerts and manage your generator from anywhere through computer or smart phone application

Generator Sales • Service • Installation • We service all brands of generators
Call to schedule a full tune up & service for your generator before the winter weather!

Contractors please call for special trade pricing

Call for a free estimate today... (518) 398-0810

40 Myrtle Avenue, Pine Plains, NY
bcigenerator@gmail.com • bcigenerator.com

KOHLER®
IN POWER. SINCE 1920.

Authorized Dealer

BCI
GENERATOR
— SALES & SERVICE —

Representing Contemporary Equine Artists from around the World



(845) 758-9432 • 15 West Market Street, Red Hook, NY • equisart.com

Coast to Coast Dog Treats

All Organic Ingredients



Available At: McEnroe Organic Farm, Petpourri, Paley's Farm Market

coast2coastdogtreats.com



Celebrating winning Best of Columbia County 2 years in a row!



Gina's K-9 Bed & Breakfast

- Boarding, daycare & play dates
- Dogs participate in family lifestyle
- 1/2 acre fenced in exercise yard
- A creek to swim in!
- Quality care pet sitting • Vet recommended
- 20 years experience • No cages or kennels

518-329-4675

Fully insured & member of NAPPS (National Association of Professional Pet Sitters)



☎ 518.272.8881 • ✉ info@snyderprinter.com • 691 River Street, Troy, NY



SNYDER PRINTER

www.snyderprinter.com

COPAKE LAKE REALTY CORP.



Home of Distinction, Hillsdale, NY. Two distinct sections to this 4+ BR, 4.5 BA, 2 office spaces, 3,024 sf home, sited on 18.5 acres. Wood-burning fireplace, 2 gas 'wood stoves'. Finished lower level connects the 2 sections with a play-room and living space. Attached 2-car garage. Attached screened porch and deck with Catamount views. Offered at \$1,575,000. The separate 14.56 adjacent lot is also offered at \$295,000. First dibs to the person buying the home. An opportunity not to be missed.

Lindsay LeBrecht, Lic. Real Estate Broker | Copake Lake Realty Corp.
290 Birch Hill Road, Craryville, NY | (518) 325-9741
2602 Route 23, Hillsdale, NY | (518) 325-3921 | www.copakelakerealty.com

NORTH EAST Ford BUYS



ALL MAKES, MODELS, OR MILEAGE

SEE LANN TODAY!



Lann Rubin

NorthEastFordMillerton.com

Meet Patricia Powers, artist

By Dominique DeVito
info@mainstreetmag.com

True confession: When I first saw Patricia Powers's paintings – giant canvases celebrating the beauty and majesty of the horse – my heart skipped a beat. Not just because the work was so powerful and immediate; not just because I, too, have a passion for horses that goes way back; not just because I was enjoying getting to know Patricia through an art book discussion group we were both part of. It was all that, but more. I was startled and awestruck because I had attempted a similar theme in my art school days. I felt I had succeeded with one canvas, though there had been many attempts. Patricia Powers was – is – firing on all cylinders. She has produced many. In fact, huge horses are her signature works. And what works they are.

Patricia has her home and studio in Columbia County, and I was lucky enough to spend some time with her there. The studio is bright and airy with high ceilings that can accommodate her large works. The horses are all around her, and they stop you in your tracks. When I ask where her love of horses comes from, she is quick to share stories.

When horses are everything

"I grew up in Manhattan," she declares with a laugh, understanding

all too well the irony of a congested metropolis as a home for horses. She watched her older sisters ride in Central Park, and went to summer camps where there were horses. "I fell for horses in a 'typical' way for girls, I guess," she says, "but I found that I empathized with them to a degree beyond my love for all animals. I took a horse masters course at camp, and at graduation I was given charge of one of the horses."

Tragedy struck Patricia in her late teens when she lost her father to cancer and her mother just a year later. She was declared an emancipated minor at age 17. "In high school I was riding regularly at a farm in Nyack, and when my parents passed I was very fortunate to be able to buy a horse of my own. He became my best friend, my family, and we were together for a very long time. I brought him to the Claremont Stables in Manhattan so I could ride him in Central Park." She named her horse Brandybuck after a character in Tolkien's classic, *The Lord of the Rings*, which her sister, 12 years her senior, had read to her as a child in the 1950s.

Always drawing

Her other passion was art. "I was always creating, making things out of anything at hand," she says. "I was lucky to attend the High School of Music and Art in New York," she says, "and then the School of Visual Arts," but when she had to make a financial decision about pursuing her education or continuing to ride and keep Buck, she chose the latter. She moved to a riding center in Rhinebeck. Patricia's upper Hudson Valley world of horse

people was her sanctuary, though she struggled to make ends meet for herself and Buck. A riding teacher suggested she paint someone's horse, and she was soon doing commissions for the elite of the hunter/jumper shows, gradually becoming more upset by seeing the way the horses were often treated. Her talent was recognized by a family who offered to pay for resuming her studies, and after extensive research, she decided on the San Francisco Art Institute. Buck went to a retirement farm while she went west.

"The Art Institute was like a monastery of art for me," she shares, "intimidating and challenging. I wanted to excel for my sponsors, so I went all in. Resuming my studies," she continues, "I swore to myself that I would never paint a horse again." Fortunately, my professors, subjected to my rants about horses and cruelty, suggested I return to the subject to help get them out of my system. I did my first large work called *Red Hooves* (see photo next page), and it was the catalyst to do more.

She began to paint what would be a seminal work in many ways, *White Horse* (left), an oil on a canvas measuring 86" X 136". The painting is about "the reality, the vulnerability" of being a horse in relation to people. "A picture I'd seen in a book stuck in my head. It was of a mare ridden to an impossible take-off point for a jump, getting tangled and falling. In

Continued on next page ...



Above: Artist Patricia Powers. The images with this article depict Patricia's work. All images except of "Red Hooves" are courtesy of Manuel Ortiz. "Red Hooves" is courtesy of Patricia Powers.



the painting, I cut off her tail to make her obviously changed by humans. I wanted the image to be beautiful and shocking, ethereal and real in both size and execution.”

Galleries and shows

The painting got her noticed at the Institute and beyond and cemented her most prolific artistic pursuit. While in graduate school, her works were exhibited extensively around the country. She was swept up in artistic success. In 1984 she attended the Los Angeles Olympics, and watching high-level dressage riding introduced her to a different perspective on competing with horses. The goal with dressage horses is harmony, developed over a long period of time, with meticulous care. It resembles ballet, another of her passions. “I love their big butts,” she says laughing, “the muscles making the horses rounder, and having the arch-shaped forms that appeal to me.”

After eight years based in San Francisco, Patricia wanted to come back east and be a part of the New York City artist scene. She moved into a studio above a barn not far from Manhattan, and she brought Brandybuck with her. She met a man who was also ‘horsey,’ and it was with him that she discovered the quiet of Columbia County, where she’s been for over 30 years. Brandybuck lived to the ripe old age of 27. “I did a few paintings of him,” she says, most notably a piece called *My Charge*. She continues, “but the theme in

my horse paintings is the place horse occupy in the modern world, their subjugation by humans, vulnerability and generosity. The interaction with humans is usually implied in the work in one way or another.”

Hanging on

A cruel twist of fate befell her again when she got back east. To her demise personally and professionally, Patricia developed serious paint poisoning that left her sick and shaken. At the same time, the art world was crashing, and all her galleries went under. Between bouts of ill health, she continued painting and selling privately.

Not long ago, a shoulder limited her movement for nearly two years. For her health and sanity, she started taking long walks near her home. Always looking, she became fascinated by the patterns of vines circling trees. Working from photos that she enlarges and then brings to life with pencil, ink, gouache, and even surgical knives, the trees have become a new theme for her. “The irony of the beautiful forms of the vines slowly killing the trees has great pull for me. Some days I identify with the trees, other days the vines. And working on paper which I mount on reclaimed wood planks has a lovely circularity.”

In her studio, with the giant horse paintings forming a cocoon of sorts, Patricia is immersed in art pursuits of all kinds. There are books that have been transformed into themed art journals or scissored into submission, or folded to create patterns.



There are works created from chips of dried paint, and everywhere brushes and colors and papers and canvases. There’s an area devoted to jewelry and beadwork – “bead therapy,” she says – where the glass beads and metal strands danced in the sun. There are books on artists strewn about from which she gets inspiration and pleasure. She marvels at works as diverse as the Bayeux tapestries from 1066 to Holbein’s Renaissance works to VanGogh and the Fauves to Hilma Af Klint and Agnes Martin and the Guerilla Girls. What there isn’t is the smell of turpentine or linseed oil. Patricia uses only non-toxic materials, and winces at the recollection of what happened to her before. She’s adamant about safe handling of art materials. “I think toxicity explains a lot about the perception of artists as crazy,” she says. “The paints were poisoning them. Turpentine, solvents, carry pigments through the skin barrier.”

“It’s what I do”

Admirably and courageously, Patricia has stayed focused on making art throughout her life. “This is what I do,” she says, “I honestly couldn’t do anything else.” What brings her joy? “Color,” she says without hesitation. “Also, the way paint feels. And, if you’re lucky, the way a dialogue happens with a work in progress. You

have to follow its lead.”

She also loves teaching. “I’ve tried just about everything,” she says. “I love passing on my knowledge. I encourage students to explore and play without self-criticism. Art is in our blood,” she muses, “and it’s going to sneak into our lives one way or another.”

I’m reminded of a line from the movie *A Star is Born*, where the already successful singer (Jackson Maine) says to the up-and-coming singer (Ally), “Look, talent comes from everywhere, but having something to say and a way to say it to have people listen to it, that’s a whole other bag. And unless you get out and you try to do it, you’ll never know. That’s just the truth.” Art didn’t simply sneak into Patricia’s life, it galloped, bucked, stomped, and kicked. She’s found a way to say something about that, and to do it. •

You can view Patricia Powers’s works on her Facebook page, Patricia Powers Artworks, or her website, <http://patriciapowers.com>. Patricia welcomes visitors to the studio by appointment, and works with students at all levels.

Lindell Fuels, Inc.

Fuel Oil • Propane • Heating
Air Conditioning

CT Registration # HOD.0000095
CT License # HTG.0690604-S1 | CT License # PLM.0281220-P1



P.O. Box 609 | 59 Church Street
Canaan, CT 06018
860 824 5444
860 824 7829 fax

The Motorworks

Foreign, Domestic & Vintage Service
NY State Inspection Station

518-789-7800

23 South Center Street, Millerton, NY
www.TheMotorworks.biz



Your pet will leave happy, feeling good and most importantly, looking great!

POOCHINI'S Pet Salon

DAWN GARDINA

Providing grooming & boarding services
46 Robin Road • Craryville, NY
518.325.4150 • 518.821.3959
pochinipetsalon@gmail.com
Follow us on Facebook!



CELEBRATE ST. PATRICK'S DAY

Now taking orders for our house CORNED BEEF!

A unique, unexpected beer collection
STOP BY – PICK UP SOME GREAT BREWS.

...and remember Quattro's Custom Butcher Shop for steaks, chops, leg of lamb, crown roasts, prime rib, fresh or smoke hams, or our own smokehouse specialty meats and sausages.



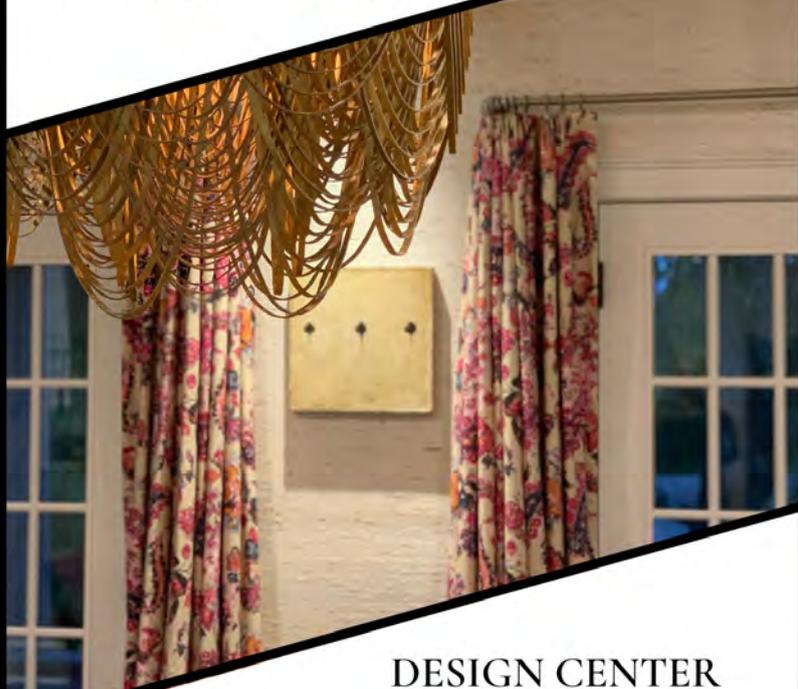
VISIT OUR FARM STORE

RT. 44, PLEASANT VALLEY NY 12569
(845) 635-2018



POULTRY FARM & GOURMET MARKET

LAKEVILLE INTERIORS



DESIGN CENTER
CUSTOM WORKSHOP

WWW.LAKEVILLEINTERIORS.COM
TEL: 860-435-9397 INFO@LAKEVILLEINTERIORS.COM

UNICORN • COLONIAL • FITZPATRICK

BERKSHIRE THEATRE GROUP

www.BerkshireTheatreGroup.org
(413) 997-4444

3/12 • 7:30PM
at The Colonial Theatre

MOONDANCE The Ultimate Van Morrison Tribute Concert



3/15 • 7PM
at The Colonial Theatre



USAF HERITAGE BRASS

3/18 • 7:30PM
at The Colonial Theatre



THE IRISH COMEDY TOUR

May Contain Adult Content & Language 16+

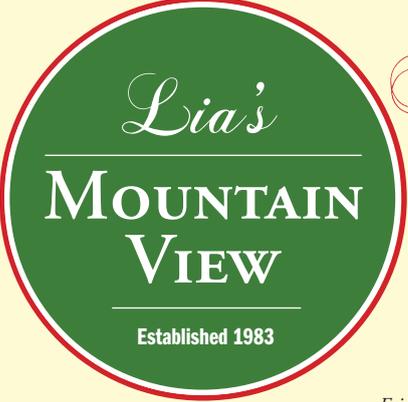
4/1 • 7:30PM
at The Colonial Theatre



LONESTAR

LIVE IN CONCERT
WITH SPECIAL GUESTS
WHISKEY CITY

The Colonial Theatre • 111 South Street, Pittsfield, MA



Homemade Italian food since 1983

LIA'S CATERING SERVICES ARE AVAILABLE ON AND OFF PREMISES • TAKE-OUT PARTY PLATTERS ALSO AVAILABLE

Like us on Facebook!
Hours: Wed, Thurs, & Sun: 4-8 pm
Fri & Sat: 5pm-9pm • Closed Monday & Tuesday

518-398-7311 • WWW.LIASMOUNTAINVIEW.COM • 7685 Rt. 82, PINE PLAINS, NY

Ledgewood Kennel Ltd.



THE PREMIER FULL-SERVICE PET CARE FACILITY LOCATED ON OUR 50 ACRE FARM SERVING THE HUDSON VALLEY, MASSACHUSETTS AND CONNECTICUT.

WE HAVE BEEN IN BUSINESS FOR OVER 20 YEARS AND OFFER LODGING, GROOMING, DAYCARE, TRAINING AND A POOL FOR DOGS.

(518) 789-6353
info@ledgewoodkennel.com • ledgewoodkennel.com
639 Smithfield Road, Millerton, NY 12546



Native Habitat Restoration

Returning Balance to Nature

Invasive Plant Control • Field Clearing
Pollinator Habitats • Forestry Mowing
Wetland Restoration

(413) 358-7400
nativehabitatrestoration@gmail.com
NativeHabitatRestoration.weebly.com

Licensed in MA, CT, NY, VT – Over 40 Years of Experience

SHELDON MASONRY & CONCRETE LLC

"All phases of masonry construction"



Lakeville, Salisbury, Millerton & beyond

Stonework | Brickwork | Blockwork
Poured concrete foundations & slabs
Insured | Free Estimates

Matt Sheldon | 860.387.9417 | sheldonmasonry.com
sheldonmasonryconcretellc@gmail.com



north elm home

Is someone trying to tell you it's time for some new furniture?

In stock furniture, area rugs, mattresses and more - ready for immediate delivery!

Hours: Monday - Saturday 10-6, Sunday 11-5 • 5938 North Elm Ave. • Millerton, NY 12546
t: 518.789.3848 • f: 518.789.0234 • www.northelmhome.com



THE SIMPLE JOYS

Robert Arbor and his farm-to-table approach at Le Gamin

By CB Wismar
info@mainstreetmag.com

The reviews are in. The critics have spoken. And, the crowds have responded by making their way to Le Gamin, the pleasant French restaurant in Sharon, CT. Robert Arbor ... owner and chef at Le Gamin Studio Agraire could not be more pleased. "The customers have been most kind," he says with a bit of a flourish. "We're seeing customers we met in New York City 30 years ago make their way in for a café au lait, an afternoon croissant or an anniversary dinner."

Arbor is no stranger to the creation of successful bistros. The mere fact that his loyal audience follows him across town in New York and into the Litchfield Hills speaks volumes about the fresh, authentic cuisine. Le Gamin is the real deal ... and the loyalty confirms it.

Beginning with the first iteration of Le Gamin on MacDougal Street in Soho and progressing through the West Village then, when Manhattan rents became too onerous, across the East River into Brooklyn, eventually ending up in Greenpoint ... and in Sharon... the legend that is Le Gamin continues to blossom.

From France to Tahiti to Africa to New York

There were no chefs in Robert's family. Growing up in the idyllic town of Fontainebleau, France ... part of Paris, but protected by acres of royally decreed parks and forests ... his mother was a Major in the French Army and his father was both a teacher and a translator. Leaving school, Arbor entered the French military to fulfill his mandatory national service. The world became his classroom as he ended up posted to Tahiti where he learned some of the basic skills of cooking.

Service completed, he ended up spending time in Africa and then Hong Kong where he met Tam, his wife. In 1988, the couple moved to New York where Tam worked in the

fashion industry and Robert was challenged to discover his "what's next."

The realization that without a diploma or recognized credentials in any professional area made it very difficult to find meaningful work. Robert surveyed his experience, his interests and prospects. "I went to the French Culinary Institute in New York. It was a six-month course that focused on restaurant management as well as the critical aspects of becoming a chef. If you want to own a restaurant, you must know how to cook."

The importance of experiences

Certificate in hand and the fire of imagination leading him toward having his own restaurant, Robert began the requisite experience of working for and learning from recognized chefs. One of his mentors, Patrice Boely, encouraged Robert to experience other restaurants, other cuisines. After all, as Robert is quick to point out, "If you learn one menu, one routine, you can't really grow. I wanted to have as much experience as I could."

That experience led him, ultimately to an experience that helped crystallize his vision for a restaurant of his own design. He spent a year as executive sous chef in the private corporate dining room perched high atop Chase Manhattan Bank. "Everything was the best. The artwork on the wall, the kitchen details, the table settings, the linen and, of course, the superb quality of the ingredients. It was amazing."

But, amazing as the experience was, by 1992 it was time ... time to do as Henry David Thoreau counseled us all. "If you have built castles in the air, your work need not be lost; that is where they should be. Now put foundations under them." It was time to create a true French bistro in New York.

Continued on next page ...



And so, it begins...

Le Gamin in Soho was the result of foundations under dream castles, and seemingly as soon as the bistro door was open, the eclectic, arts-oriented population of that neighborhood ventured in to sample Robert Arbor's cuisine. The names included "A-listers" and emerging stars who lived in the neighborhood and spread the word to their friends that the crêpes, the café au lait and the tartine were superb. And, to add to the magic, they served breakfast!

Like a chess game played out from neighborhood to neighborhood, keeping the commitment to quality and imaginative cooking in the forefront, the Le Gamin legend moved from square to square until Robert and his wife, Tam, were spending time in the Berkshires and found a refuge from the whirlwind of New York. "I kept driving by the empty restaurant in the Sharon Shopping Center because we had purchased the former Beard-sley Gardens property." Robert was hooked. Bringing a true French bistro to Sharon became a focus, then a passion kept in balance by the fact that the Le Gamin Café on Franklin Street in Greenpoint, Brooklyn continues to thrive and demand weekly visits.

The new property in Sharon was going to allow him to begin growing vegetables for his restaurants (the "farm-to-table" concept is something that makes Robert laugh ... but Le

Gamin sources almost all of its food locally from eggs, chicken and beef from Q Farms, and salad greens from Earth's Palate Farm).

Like father ... like son

Along the journey, the Arbors had two children and their son, Lucien, affirms the fact that he had spent many hours growing up as part of the emerging Le Gamin story. "During middle and high school, I'd be hanging around the restaurant on the weekends." With a side trip or two, his direct experience led him to the notion that being a chef/restaurateur might be engaging. With the family's connections, Lucien went to Paris, worked for a brief time in one of the City of Lights better known restaurants and promptly decamped to Lyons to study in the world famous cooking school created by Paul Bocuse.

Certificate in hand and a driving passion to excel in the family business, Lucien shares duties in the kitchen at Le Gamin in Sharon ... managing to balance his keen interests by serving as a "flagger" at Lime Rock Park during races and working on his own roadster with hopes of learning the finer skills of competitive driving.

Rave reviews

The fare at Le Gamin consists, as advertised, of elegantly prepared French bistro offerings with daily specials that show the expanse of Robert Arbor's



culinary imagination. Consistently mentioned on "area's best" lists that cover the Tri-state area of Connecticut, Massachusetts, and Eastern New York, the drive is well worth the result with reservations strongly suggested if weekend dining is planned. As the weather improves, the outdoor seating doubles the capacity of the bistro and makes capturing a table that much easier. Be well prepared to see a scattering of recognizable New York celebrity weekenders at nearby tables, easily slipping back into fondly remembered habits of dining at Le Gamin.

Among the many accomplishments of Robert Arbor during his career is the publishing of a memoir and cookbook which combines a charming telling of his story with some essential recipes that can be attempted ... and mastered ... at home. *Joie De Vivre* (Simon and Schuster Paperbacks) celebrates life and offers up "simple French style for everyday living."

With Robert's permission, we're pleased to include a recipe from that book that makes his eyes light up "because it can be used to do so many things." Here is the recipe for "Complete Soup."

Ingredients

- 1 pound bag of dried beans (white, black-eyed peas or pintos) soaked in water overnight
- 2 carrots
- 2 onions
- 2 garlic cloves
- 2 leeks
- 2 celery ribs

- Butter, duck fat or olive oil – enough to sweat all the vegetables
- 1 bay leaf
- 2 cloves
- 2 coriander seeds
- ¼ pound slab bacon cut in tiny cubes

Cut vegetables into small pieces about the size of the beans. Sweat all the vegetables over a medium fire in butter (or alternatives, above). Add bay leaf, cloves, coriander seeds, and cook until vegetables are transparent. Salt and pepper to taste. Add bacon. Cover with water and bring to a boil. Add pre-soaked beans and turn down to a simmer, cooking until beans are tender (2-3 hours).

Bon Appétit! •

For reservations for Le Gamin in Sharon, CT, call (860) 397-5382. The menu is available on their website – legamin.com – making sure you follow the Sharon pages unless Le Gamin Café in Brooklyn is your intended destination.



Above: Lucien and Robert Arbor. Other photos with this article depicting the delicious food at Le Gamin. All images courtesy of Le Gamin.



BAR • TAPAS
RESTAURANT

518.789.0252
52 Main Street, Millerton
52main.com

Dine in • Take out • Curbside pick-up

NORTH EAST MUFFLER INC.

Custom Bending up to 3 inches

Open Mon.–Fri. 8 to 5; Sat. 8 to 1

John & Cindy Heck
Route 22, Millerton, NY
(518) 789-3669



Lightning Protection!



ASSOCIATED LIGHTNING

Rod Company, Inc

www.alrci.com

518-789-4603
845-373-8309



LOCAL
INDEPENDENT
LISTENER SUPPORTED

THE SMALLEST NPR STATION
IN THE NATION.

PLEASE FEED THE COW.

THANK YOU!

www.robinhoodradio.com



ROBIN HOOD RADIO

WHDD AM 1020 Sharon CT

WHDD FM 91.9 Sharon CT

WBSL FM 91.7 Sheffield MA

WLHV FM 88.1 Annandale-on-Hudson NY

WHDD FM 97.5 Kent CT/Dover NY

Make sure that your horse's ride is safe & comfortable, too!

Before heading out on the trail or to an event with your horse, it's impreative that your truck and trailer are ready. But let us worry about that: we will make sure that they are both safe and comfortable for you as well as your horse.

We not only work on trucks and cars, but we service horse trailers, too. Give us a call today and let us get you back in the saddle.



Factory Lane Auto Repair

(518) 398-5360

3 Factory Lane, Pine Plains, NY



Noa Lessing CFP

Fee Only Financial
Planning & Coaching

Midtown Manhattan | Ancram, NY
914.739.7360 | noalessingfusco.com
noa@noalessingfusco.com

*“Taking Your Finances
to the Next Level”*

Millerton Service Center

ASE Blue Seal of Excellence

Holiday gift certificates available
Remote car starters would be
the ideal gift this winter!

**Michael D. Lyman
& Adam M. Lyman**

Repairs & Service
Used Car Sales

518-789-3462 • 518-789-3488 fax
52 South Center St. • Millerton, NY 12546



OVER MOUNTAIN BUILDERS, LLC.

30 years and still passionate! Quality
craftsmanship delivered on time &
within budget.

John Crawford
P: 518-789-6173 | C: 860-671-0054
john@overmountainbuilders.com
www.overmountainbuilders.com



tristate antique restoration



SPECIALIZING IN ANTIQUE
FURNITURE RESTORATION



CONALL HALDANE | proprietor
191 wiltsie bridge road | ancramdale, ny 12503
518 329 0411 | www.tristateantiquerestoration.com

Prevention, wellness and
healing in partnership
with caregivers



Millerton Veterinary Practice

CAROLYN CANNON, DVM | TRACEY FAHEY, DVM

**Integrative medicine & surgery | Therapeutic Laser
Acupuncture | Chiropractic**

518-789-3440 | millertonvet.com | MVPonlineRX.com

CHILL. WATCH. PARTY!

Get a group together
and book a private
screening party.

**SCREENING ROOM
SEATS UP TO 25**

email to book
info@themoviehouse.net



48 Main St., Millerton
themoviehouse.net



Photo: Phyllis Burchett



Red Horse Rescue

Horse Rescue Rehab and Retirement Foundation. 724 Bangall
Amenia Road, Amenia, NY. (914) 456-3155. redhorsescue.org

Cari Swanson founded Horse Rescue Rehab and Retirement Foundation, aka Red Horse Rescue, in 2004. Cari grew up on a horse farm and became a student of the horse as a child. Through training horses of all breeds and many disciplines, she's learned that horses help humans resolve trauma and teach leadership skills. All of the horses Cari rescues work with individuals in equine therapy, as well as train for specific disciplines. Cari has worked effectively with many children and adults with high anxiety and says the horses help these individuals gain confidence and learn tools to stay calm and focused. Her background as a competitor in Fédération Équestre Internationale (FEI) dressage, show jumping, eventing, driving and training horses for film production, gives Cari a unique perspective when teaching people how to learn about the effectiveness of equine therapy. As a result, Cari says she enjoys sharing her ability to show people how to work with horses on the ground or under saddle. Everyone always leaves the barn more balanced and calmer. In the future, Cari says she is looking forward to expanding and reaching more people and educating them about the value of equine therapy and how horses can teach many life skills, such as leadership, patience, connection understanding, and problem-solving. Cari invites everyone to visit the farm and meet the horses and feel the power of equine therapy.



Pampered Pooch Grooming Salon, Pooch HQ

One-stop-shop for all pooch needs. 226 Warren St., Hudson and Rt-
9H Stottville, NY. (518) 567-5284. (518) 821-4688.

After working in the corporate world for years, owner Kera Zincio wanted to fill a niche needed in Columbia County. Soon after, she found a newly-renovated building in Hudson with a spectacular landlord and signed the lease opening the door for the Pampered Pooch in 2011. After a decade on Warren Street, where she's still located today, Kera wanted to expand her business to day care and boarding. She eventually found an old veterinarian office in Stottville and went to work renovating it. Kera's second location, Pooch HQ, opened in January of last year. The original location on Warren Street provides grooming services and the second location provides grooming, day care, and boarding. Kera primarily serves the pet owners of Columbia and Greene Counties; however, she has clients from Massachusetts and Rensselaer County as well. By providing services that are more oriented towards a home environment, Pampered Pooch provides clients with a stress-free stay. They're not just a kennel with chain link fencing, concrete walls, and runs. They engage with every client individually and treat them like a member of the family. Kera enjoys being able to see the families grow from puppies, to marriages, to kids, and everything in between. She says it's not considered work when you love what you do.



Falls Village Feed & Gift Store

Gift shop located at 136 Sand Rd., Falls Village, CT. (860) 824-5760.
fallsvillagefeedandgift.com

The Falls Village Feed & Gift Store (FVFS) started in 1991 when founder and veterinarian, Dr. David Sandefer and his wife, Cindy came to the Northwest corner to visit, and bought what is now the Sand Road Animal Hospital from Dr. Larry Washington. Today, the practice offers heartworm treatment and laser therapy. The amenities on campus truly set the practice apart from others in the area. Famously, the practice includes a full-service feed and gift store that is attached to the hospital. The FVFS sells most diets and supplements (prescription and non-prescription) that will be recommended by their doctors when at a visit. This feature makes post-appointment searches for doctor diet advice much more convenient. As well as the feed store, the practice also features the Sit. Play. Stay. Pet Resort that offers boarding, day care, enrichment and grooming for furry friends, with the comfort of the hospital being a few steps away. It is a great place for pets to stay and get some energy out. The Sand Road Animal Hospital has an outstanding team of medical professionals and support staff, who offer compassionate care and some services that otherwise can only be found at specialty hospitals, such as chemotherapy and ultrasound. For them, creating and maintaining happy and healthy pets is the greatest reward. Going forward, the practice hopes to stay on top of changing standards, new technology, drugs, therapies, and treatments.



Off The Wall Design

Commissioned paintings, community projects and pet portraits. (917)
415-3030. offthewalldesign.com

Artist Natalia Zukerman started her mural business, Off The Wall Design, in 1998 after helping to restore a historic mural in Berkeley, CA. Since then, she's painted lots of public and private murals, done illustration work and portrait commissions. Then, around seven years ago, she painted a portrait of her friend's beloved dog as a gift for her. She loved it so much that she posted the image on social media and then Natalia was suddenly being asked to create pet portraits for people everywhere. Natalia says it was one of the happiest "accidents" of her life. Today, in addition to public and private murals, Natalia is commissioned to paint portraits of pets, people, and landscapes. Natalia's works are imbued with a real sense of joy and playfulness and she always works with the client to make sure that the image is captured. In the meantime, Natalia says that leading public art projects is one of her favorite things to do as it is such an effective form of activism. The images are readable and the message is immediate. In the future Natalia says she would love to work on some public art projects in the area as well as paint private murals while also expanding her portrait business. She says the best thing about the portraits is how much joy they bring people and how that joy fills her heart.

INSURING YOUR WORLD

After this recent ice storm we had numerous calls regarding who's liability an icy sidewalk truly is. The short answer is generally the property owner. Each village or city will have various regulations regarding the time frame that the snow must be removed, yet in most cases it is within 24 hours from the end of the storm. When ice is involved, it is certainly more difficult to scrape all the ice away so a good faith effort to salt and/or sand the affected areas and your liability will be minimized. Let's be clear though, most liability suits resulting from unshoveled or salted walkways are always settled in favor of the injured party! So if you are a property owner and can't take care of such responsibilities, make sure that you hire a contractor who can. Speaking of cold weather, there have been numerous news articles concerning folks that are not getting fuel deliveries due to their energy company not having fuel to deliver. It is important to realize that if you do not have an automatic delivery contract with an energy company and your house freezes up, many insurance companies will deny a freeze-up claim. If however you have a delivery contract and your energy company fails to deliver, it is their responsibility for any freeze-ups to your property. If you are on a "Will Call" delivery basis with your energy company, call and get a contract since you are at the greatest risk to not get a delivery if oil or propane reserves get low and you can't get a delivery. A freeze-up of your property in this case would almost certainly become the property owner's responsibility and a claim may very well be denied by the homeowner's carrier.



Kirk Kneller
Phone 518.329.3131
1676 Route 7A, Copake, N.Y.

Kneller Insurance
Agency

How to clean your bird feeders

Your wild bird feeders can harbor bacteria, mold, and other disease-causing germs that can devastate wild birds. Being a responsible enthusiast requires some routine maintenance.

- **Cleaning and disinfecting feeders:** Your feeders will need to be cleaned regularly. Feeders can be sanitized with a solution of one part household bleach to nine parts of hot water. Unscented dish detergent can also be used. Feeders should be cleaned inside and out, including feeding ports, perches, lids, platforms, water receptacles, hooks, and poles. Any place feces can collect should be cleaned as well. Having a large firm brush, such as a bottle brush, will aid in cleaning heavy debris. Using a small firm brush for cleaning small feeding ports and tight corners will be helpful as well. Be sure to rinse the cleaned parts thoroughly for at least ten seconds to ensure any chemical residue is removed. All parts should completely dry to prevent mold and mildew.

- **Environmental maintenance:** It is essential to clean the entire area around the feeders. Enthusiastic and hungry birds spill seed several feet around the feeders. Remove old or damp seed from under all feeders. Remove rotten fruit from trees where birds feed and replace mulch under the feeders.

Clean feeders and feeding areas attract birds and provide a healthy environment for your feathered friends to enjoy!

Phone 518-789-4471
Route 22 Millerton, NY
www.agwayny.com



Fostering Kittens 101:

- Keep a daily journal of their health, weight, eating habits and overall health and watch for signs of illness.
- Newborn kittens need to nurse every two to three hours
- Feed kittens while they are resting on their tummies - holding them on their backs to feed them can be dangerous because it can cause fluid to collect in their lungs
- Buy commercial kitten formula and a feeding bottle or syringe that holds between two and four ounces - feed slowly
- Sterilize feeding bottles with boiling water before filling with kitten formula. DO NOT microwave to sterilize the bottle - it creates hot spots that may burn kittens' mouths, but you should set the filled bottle in a bowl of very warm water to keep it at the right temperature
- Kittens need a place to nest, sleep, and keep warm - a disposable cardboard box will work fine as a nesting box
- Kittens will soil their nest box daily, so line it with washable or disposable bedding, such as newspaper or towels.
- Keep your kitten warm by using a heating pad ONLY SET ON LOW! to one side of the nest box only, so that the kitten can move away if they get too warm
- Until kittens are three weeks old they need help urinating and defecating - after every feeding use a damp, slightly rough terry cloth washcloth to stimulate their anus and urinary openings
- By four weeks of age you can introduce solid food - strained baby food meats or premium canned kitten foods are a good choice
- As soon as the kitten starts eating solid food, a bowl of water should be available at all times
- Kittens open their eyes at about two weeks and are moving around on their own by three weeks

AnimalKind > where every life counts

721 Warren Street, Hudson NY 12534
(518) 822-8643 • info@animalkindny.org • www.animalkindny.org

Choosing to Leash: Retractable vs. Tractable

Retractable leashes have grown in popularity over the last few decades. But here at the Dutchess County SPCA, we have seen numerous cases of dog bite or injury to a dog that was the result of being on a retractable leash. Because the leash extends as much as 26 feet away from the walker, it is impossible to control the dog. If the dog darts at something, they'll reach it before the walker can catch up, which means they could bite something or someone, or be bitten themselves. We've also seen terrible injuries like broken necks and collapsed trachea in dogs who ran the full extension and were jerked back suddenly. And we have seen injuries to humans who became entangled in the leash and fell or were dragged. In almost every case, the incident could have been avoided if the dog had been on a regular leash. The key to safe dog-walking is to keep the dog by your side and correct them immediately with a small pull on the leash.

So, throw that retractable leash away. Use a sturdy traditional leash preferably with a harness rather than a collar. Walk with the dog by your side and with the leash loop held in the hand on the opposite side, and your other hand midway down the leash. That is the proper way to leash train your dog, so that if they feel the slightest pull from your hand, they know that you do not want them to meet that strange dog or go after that squirrel. Make sure your walk is the joyful experience it should be for you and your dog, and never use a retractable leash.

The Dutchess County SPCA provides services to the community including a pet food pantry, free rabies clinics, pet retention assistance, low interest loans for pet medical care and safety-net pet housing.

For more information: www.dcsPCA.org



Hayyy, did you know...

Taylor Oil Inc. & Taylor Propane are here to keep your barnyard buddies warm, too!

TAYLOR 
oil
HEAT

TAYLOR 
PROPANE

1-800-553-2234

www.GMTaylorOil.com • "Like" us on Facebook: www.facebook.com/TaylorOilInc

Taylor Oil Inc., is a family owned and operated local business, serving the local communities for the over 90 years.
Offices in Dover Plains, Pawling, Millerton, Pine Plains, Millbrook. "We're here to serve you!"

We're here to insure your *entire* world.

With three offices in Copake, Valatie, and Chatham we are here to help you with any of your insurance needs.
Contact us today for a quote on your home, auto, business, health insurance or life insurance.
We are the Kneller Agency and we're here to insure your world.



**Kneller Insurance
Agency**

179 Cty Rte 7A
Copake, N.Y. 12516
P. 518.329.3131

6 Church Street
Chatham, N.Y. 12037
P. 518.392.9311

3030 Main Street
Valatie, NY 12184
P. 518.610.8164

Auto • Home • Farm • Business & Commercial • Life, Health & Long Term Care